



Arizona Spinal Cord  
Injury Association

# AZSCIA E-NEWS

October 2008

*"A monthly update  
on the happenings  
and upcoming  
events in the  
association."*

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Injury Association  
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We're on the Web!  
www.azspinal.org

## 12<sup>th</sup> Annual "But It's A Dry Heat" Charity Golf Classic

We would like to send out a special, heartfelt thank you to Mark Everson and Chuy's Mesquite Broiler for a very successful golf tournament that was held on Saturday, September 13<sup>th</sup>.

We received a donation from the golf charity classic for \$2,542.36. Please make an effort to frequent Chuy's from the locations below. Let their staff members know that you are a member of the Arizona Spinal Cord Injury Association and thank them for supporting the Association.

4623 E Elliot Road  
Phoenix, AZ 85044  
Tele: 480-496-0775  
Cross Streets: Elliot Rd and 46<sup>th</sup> St

1831 E Baseline Road  
Tempe, AZ 85283  
Tele: 480-777-2905  
Cross streets: Baseline Rd and McClintock Dr

5134 N 95th Ave  
Glendale, AZ 85305  
Tele: 623-877-4025  
Cross streets: 95<sup>th</sup> Ave and Camelback Rd

1546 W Bell Road  
Phoenix, AZ 85023  
Tele: 602-504-9682  
Cross streets: Bell Rd and 15<sup>th</sup> Ave

1948 E McKellips Rd  
Mesa, AZ 85203  
Tele: 480-615-8636  
Cross streets: McKellips Rd and Gilbert Rd

12235 N Cave Creek Road  
Phoenix, AZ 85022  
Tele: 602-992-8150  
Cross streets: Cave Creek Rd and Cactus Rd

3222 E Indian School Road  
Phoenix, AZ 85018

Tele: 602-955-4182  
Cross Streets: Indian School Rd and 32<sup>nd</sup> St

13752 W Bell Rd  
Surprise, AZ 85374  
Tele: 623-544-8885  
Cross streets: Bell Rd and NW Grand Ave

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## Third Annual Scottsdale Fashion Week

Make a date with Style! The Fashion Week is a three-day fashion and lifestyle extravaganza anchored by \$1 million production featuring an 85-foot runway stage.

Scottsdale Fashion Week is a City of Scottsdale annual marquee event, attracting trend-loving consumers who seek a runway experience with opportunity to purchase what they see.

The runway at Scottsdale Waterfront will now be a classic closed-tent environment similar to New York Fashion Week at Bryant Park.

The Luxury Pavilion will hold fashion, interior, health and lifestyle design sources. For showcase and purchase.

Thursday Opening Night will be Wearable ArtWalk presented by Scottsdale Gallery Association in downtown arts district. Featuring Milan-style walk of art-as-fashion.

Ticket Sales for Saturday Runway Shows will support the Arizona Spinal Cord Injury Association. Saturday Runway Shows will begin at 7:00PM at The Scottsdale Waterfront. Featuring three incredible, private fashion shows with Jhane Barnes, Nordstrom Men & Women, and Zang Toi. An exclusive party at Nordstrom and a private party at the W Hotel following the event.

Your "Super Ticket" includes ALL access to the Scottsdale Fashion Week event Saturday evening. Cost of the Super Ticket is \$250. If you cannot make the event but would like to donate to the Association, you may do so. Seating is limited so reserve your seat today! For more information, please contact the Association at 602-239-5929 or Lisa Henry-Holmes, Event Chair, at 602-697-5123.

Information is posted on our web site at [www.azspinal.org](http://www.azspinal.org) in the Spotlight section and the November Calendar. You may also visit [www.scottsdalefashionweek.com](http://www.scottsdalefashionweek.com).

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## AOL Instant Messenger

If you have any questions directed to the Association and have AOL IM, you can now send a message to our screen name **InfoAzSCIA**. A staff member will be able to answer any questions that you have.

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## Sedona Mystery Tour

The Sedona Magical Mystery Tour was wonderful! Everyone had a great time. Bob Tener should be congratulated for cooking the Dutch Oven Dinners. Thank you to Gwendelyn Turensky for organizing most of the logistics including making lunch for all of us. Wine bottles were bought and served at the picnic grounds in Oak Creek Canyon, a spectacular visual location, where the dinner was prepared and served. There were approximately 30 people in attendance. Special thanks to our Drivers Michael Bruning, James Guizar and Daniel Chavez. All drivers went over and beyond their duties to make sure that all in attendance were accommodated.

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## 2<sup>nd</sup> Annual JV Wheelchair Basketball Tournament

Hosted by the Banner wheelchair Suns.

Sponsored by Arizona Spinal Cord Injury Association, Arizona Disabled Sports, and Cox Communications.

Please join us in watching six explosive teams compete in this weekend tournament. The dates are Saturday, November 8<sup>th</sup> and Sunday, November 9<sup>th</sup>. Games will be held at Skyline High School, 845 S Crismon Road, Mesa, AZ 85208. The six teams are: Houston TIRR Hotwheels, Denver Jr. Rollin Nuggets, San Diego Hammer JV, BORP Bay Cruisers, Las Vegas Jr. Bandits and Banner Wheelchair Suns JV. After schedule revision, it will be posted on the website in the Calendar and the Spotlight Sections.

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## Advanced Wheelchair Skills Clinic

Presented by Banner Wheelchair Suns Basketball, Banner Health Arizona, and Arizona Spinal Cord Injury Association.

Shorter hospital and rehabilitation stays may not allow enough time to learn important wheelchair skills, as we age we may need to brush-up or learn new skills to remain independent. This lack of wheelchair skill may lead to secondary conditions or isolation because we cannot negotiate the environment. This course will allow you to become more efficient in the use of your wheelchair. Come and join us in some practical advice from those in the know.

This program is divided into four modules:

Transferring:

Chair to Furniture/bed/vehicle; chair to floor/floor to chair.

Managing your environment:

Opening and closing doors; Operating elevators and escalators; Wheelies; Curbs; Ramps and Various terrain; etc.

Bathroom Mobility:

Focus will be on transfers and clothing management in the restroom.

Mechanics of Your Chair:

Making adjustments to and general maintenance of your wheelchair.

This series of free clinics will be given at Banner Good Samaritan Rehabilitation Institute, 1012 E Willetta Street, Phoenix, AZ, R-2. The Clinic dates are: October 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, and 29<sup>th</sup> from 4:00 - 6:00 pm. Call 602-239-5929 or 602-790-7909 for more information.

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## Gentiva Rehab Without Walls Farmer's Market

Tina Fisk, Paul Mortensen and Vangie Mortenson attended the Kick-Off Luncheon on Wednesday, September 24<sup>th</sup>. We thanked the attendees for their efforts in supporting the retreats for both the Arizona Spinal Cord Injury Association and the Brain Injury Association of Arizona.

The Farmer's Market will be held on Thursday, October 30, 2008 from 10:00AM – 2:00PM. A huge section of their parking lot will be corded off. Fresh Vegetables, Arts and Crafts, Baked Goods, Tamales, and AZSCIA Candles are some items that will be for sale. All monies raised will go toward individuals that will attend retreats at Whispering Hope Ranch sponsored by the Arizona Spinal Cord Injury Association and the Brain Injury Association of Arizona.

The address is 7227 N 16<sup>th</sup> Street, Phoenix, AZ 85020. Location is on the NE of 16<sup>th</sup> Street and Glendale Avenue.

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## All-Access Challenge Event

The Phoenix Summit Challenge is a non-competitive hiking event that embraces various ages, abilities, and fitness levels to challenge an individual's mind and body while enhancing the quality of life and promoting healthy outdoor recreation. We challenge participants on barrier-free and summit trails in the mountain preserves and parks of Phoenix.

As part of the Phoenix Summit Challenge there is an All - Access Challenge event, participants will hike four accessible trails in one day about four miles.

The parks are Papago, South Mountain, Rio Salado and North Mountain. The entrance fee is \$15 and you get a t-shirt, swag bag, dinner at the zoo on Sunday night and admission to ZooLights. There will also be a raffle at the dinner with great prizes from event sponsors. The date is Saturday, November 15<sup>th</sup> for the challenge and Sunday, November 16<sup>th</sup> for the dinner and ZooLights.

Come train with Daring Adventures beginning October 11th! For more information contact TJ Penkoff at 602-495-5222 voice, 602-534-2491 TTY, or [tj.penkoff@phoenix.gov](mailto:tj.penkoff@phoenix.gov). Registration and Information: [www.phoenix.gov/PARKS](http://www.phoenix.gov/PARKS).

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## Transition Fair 2008

Welcome To All Youth with Special Needs

Where: Amphitheater High School, 125 W Yavapai Road in Tucson

Date: Tuesday, October 21, 2008

Time: 4:00PM – 7:00PM

DON'T MISS THIS ONCE-A-YEAR OPPORTUNITY TO EXPLORE OUR COMMUNITY RESOURCES AND IMPROVE YOUR FUTURE AFTER HIGH SCHOOL

Students, Parents, Guardians, Teachers are encouraged to attend. Fair will be held in the old gym.

Workshops:

\*Benefits Planning Assistance \*Pima Community College-Disabled Student Resource \*U of A Disability Resources Center \*Vocational Rehab/One Stop Center \*Parent Information Network \*Guardianship/Conservatorship planning \*Student Led IEP's

CEU & CRC credit is available. Come meet the agencies that can help you find:

Education, Transportation, Employment, Community Living, Financial Assistance, Recreation, Housing, Scholarship.

There will be free refreshments and hot food for purchase!

Interpreters/Special Assistance Available call 520-624-6452 to request.

Sponsored by DIRECT Center for Independence, AZ Division of Developmental Disabilities, Office of the Pima County School Superintendent, Metropolitan Education Commission-Youth Advisory Council/Tucson Teen Congress, Amphitheater High School, local school districts, and community agencies.

WHAT IS THE TRANSITION FAIR?

A one afternoon gathering of local service agencies & businesses that offer transition services to students with special needs. Last year over 50 agencies participated in the fair.

#### WHY A TRANSITION FAIR?

Schools are mandated to develop Individual Transition Plans for students with special needs, starting as early as age 16. Students, parents/guardians need to know that services exist and how to access these services. The Fair helps them network with the service agencies.

#### WHO SHOULD ATTEND?

Students with special needs and their families/guardians, counselors, teachers, service coordinators and vocational counselors.

#### WHO SPONSORS THE FAIR?

DIRECT Center for Independence, Vocational Rehabilitation Services, DDD, Children's Clinics Pilot Parents, Metropolitan Education-Youth Advisory Council/Tucson Teen Congress, Pima Council on Developmental Disabilities, Office of the Pima County School Superintendent, local school districts and community agencies

#### WHO BENEFITS?

Students with special needs and families can obtain information about life after high school. Parents can talk directly with agencies. Agencies learn about one another; develop "linkages" and get referrals.

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### Banner Good Samaritan Rehab Gym

The gym in the Rehabilitation Institute is open to members of the public with a disability for the price of \$1 per visit. Open on Tuesdays and Thursdays. The address is 1012 E Willetta Street, Phoenix, AZ 85006.

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### Upcoming e-news information.....

If there is anything that you would like to share with your fellow members, please contact Vangie Mortenson at 602-239-5929 or [vangie@azspinal.org](mailto:vangie@azspinal.org). She will ensure that the information will be posted on the e-news.

## THANK YOU!