



# Arizona Spinal Cord Injury Association

## Member E-Newsletter

A Partner of Christopher & Dana Reeve Foundation



### February 2012

We're on the Web!

[www.azspinal.org](http://www.azspinal.org)

Be our Friend!  
Facebook –  
Spinal Cord  
Injury

MySpace –  
AZ Spinal  
Cord Injury  
Association

5025 E Washington St #110  
Phoenix, AZ 85034  
Phone: 602-507-4209  
Fax: 602-507-4214  
Toll-free: 888-889-2185  
[info@azspinal.org](mailto:info@azspinal.org)

*"A monthly update on the happenings and upcoming events in the Association and Community Partners."*

## AzSCIA Annual Empowerment Series starts in February and expands to Tucson!

Starting on February 2, 2011 AzSCIA will host the annual Empowerment Series for newly injured individuals! This is a course designed for new injuries, their family members, students and medial professional's continuing education. Each topic will focus on a different subject relevant to spinal cord injury. The evening includes a presentation by instructor Sue Wolf, group discussions and panel presentations; participation is free and the evening includes a free meal and transportation for that in need. Though the course is designed for new injuries we welcome anyone whose life has been affected by paralysis, including past participants.

This year in an exciting effort to expand we will be taking three of the empowerment classes on the road. Tucson here we come! On April 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup> we will present the SCI Curriculum at HealthSouth Tucson Rehabilitation Hospital. The other nine modules will be presented in Phoenix at the Disability Empowerment Center as always and transportation will be provided for residents with in Maricopa County.

February 2 <sup>nd</sup>	Empowerment/ADLS panel	
February 9 <sup>th</sup>	Medical Aspects of SCI	
February 16 <sup>th</sup>	Secondary Conditions	
February 23 <sup>rd</sup>	Therapist is In Night	
March 1 <sup>st</sup>	Sexuality	
March 8 <sup>th</sup>	Psychosocial	
March 15 <sup>th</sup>	Legal Issues	
March 22 <sup>nd</sup>	Pain and Aging	
April 12 <sup>th</sup>	Empowerment/ADLS panel	<b>TUCSON!</b>
April 19 <sup>th</sup>	Alternative/Complimentary Medicine/Sleep	<b>TUCSON!</b>
April 26 <sup>th</sup>	Mobility and Recreation Fair	<b>TUCSON!</b>

**Registration is Open! To register call 602-507-4209 or email [info@azspinal.org](mailto:info@azspinal.org)! We welcome family members, students, medical professionals, past participants and members interested in becoming a mentor!**

Contact [Micaela@azspinal.org](mailto:Micaela@azspinal.org) if you are interested in sponsoring one of the 2012 Empowerment classes! We still have four available!

## West Coast Conference Junior Wheelchair Basketball Championship to take place in Phoenix!

**When:** Fri, February 24, 12pm – Sun, February 26, 3pm

**Where:** SpoFit gymnasium; 5031 E. Washington St. Phoenix, AZ 85034 ([map](#))

**Description:** Teams from around the Western United States will come together and compete for the Western Coast Conference Championships! An excellent opporaturity to check out the new gym and lend your support to our Junior team! Volunteers needed for more information contact Gary W. Venjohn 602-790-7909 [gwenjohn@coxnet](mailto:gwenjohn@coxnet)



# Support Groups

## *Flagstaff Support Group*

**When:** Tuesday, February 7<sup>th</sup> 2012 2:00PM-3:30PM

**Where:** FMC Training Offices 1000 N Humphreys

**Description:** Northern Arizona support group takes place first Tuesday of the month, Facilitator: Russ Bull 928-779-4147

## **Men's Disability Issues Group**

**When:** Thursday February 16<sup>th</sup>, 2012 5:30pm – 7:00pm

**Where:** Disability Empowerment Center, 5025 E. Washington St, Phoenix, AZ 85034 ([map](#))

**Description** for Men 18 and over, the third Thursday each month. Disability Empowerment Center, CLASSROOM B  
Facilitator: Don Price 602-980-3232 or [donp@abil.org](mailto:donp@abil.org)

## **VOICE Support Group**

**When:** Tuesday, February 14<sup>th</sup>, 2012 2:00PM-4:00PM

**Where:** Glendale Main Library, 5959 W. Brown Street in Glendale

**Description:** West Valley cross disability support group, every second Tuesday of the month. Facilitator: Janene Werner, 602-814-9717 [voicejw@yahoo.com](mailto:voicejw@yahoo.com) or [www.voice-az.com](http://www.voice-az.com)

## **Compass Support Group**

**When:** Friday February 17<sup>th</sup>, 2012 1:00PM-3:00PM

**Where:** Granite Reef Senior Center, Scottsdale

**Description:** East Valley Cross Disability Support Group, Facilitator: Pauline Staples, 602-241-1006

## **Tucson Support Group**

**When:** Monday, February 27<sup>th</sup>, 2012

In 2012, the group will meet once a month on the last Monday of every month. The meetings will alternate between social meetings (which will include activities like bowling, coffee house, live music, go to the movies, etc.) and educational meetings (mobility, exercises fitness, urology, bowel care, etc.). The idea is to put people with SCI and their families in touch with others families who have had or are having similar life experiences. For details please contact Peter Hughes @ 520-579-0862 or email him at [peter@azspinal.org](mailto:peter@azspinal.org)

## *Women's Support Group, Maricopa County*

**When:** Tuesday February 7<sup>th</sup> 2012, 6:30pm – 8:00pm

**Where:** Disability Empowerment Center, 5025 E. Washington St, Suite 110 Phoenix, AZ 85034 ([map](#))

Contact [Karen@azspinal.org](mailto:Karen@azspinal.org) for more information

# SpoFit Grand Opening!

Join us February 24<sup>th</sup> and 25<sup>th</sup> as the Virginia G. Piper Sports and Fitness Center for Persons with Disabilities (SpoFit) kicks off our official grand opening celebration! Friday, February 24<sup>th</sup> will feature various adaptive sports demonstrations such as quad rugby, wheelchair basketball, and fencing. We will also be providing visitors with an opportunity to try our adaptive programs! See below for a schedule of adaptive recreation demonstrations. Closing out that day, NCAA wrestling champion and motivational speaker, Anthony Robles, will be here to talk about his life experience as an athlete with a disability.

Coinciding with the grand opening weekend events, the SpoFit will also be hosting the West Coast Conference Wheelchair Basketball Championship! In addition, staff will be on hand all weekend to answer your questions about the facility and the services we offer. If you haven't yet seen the center, you will certainly want to make the trip that weekend and check out everything available to persons with disabilities and their families! We hope to see you there!

## Friday, February 24<sup>th</sup>

### East Court:

Wheelchair Tennis.....11am – 12:30pm  
Table Tennis.....1pm – 2pm  
Athlete Autograph Session.....1pm – 2pm

### West Court:

Sit Volleyball.....11am – 12pm  
Wheelchair Basketball.....12pm – 1pm  
Quad Rugby.....1pm – 2pm  
Tango.....2pm – 3pm  
Power Soccer.....2pm – 3pm

### Rock Climbing Wall:

Rock Wall Demonstration.....11am – 12pm

### Group Fitness Room:

Martial Arts Demonstration.....11am – 12pm  
Yoga.....12pm – 1pm  
Rowing.....1pm – 2pm  
Fencing.....2pm – 3pm

### Pool:

Scuba Demonstration.....1pm – 2pm



The Sports & Fitness Center, commissioned by ABIL, will create a sense of well-being and also encourages physical fitness and nutritional health for individuals with disabilities and their families. The 45,000-square-foot sports, fitness and aquatic center will be the first of its kind in the Western United States. The center will also accommodate fitness, health and wellness programs. It features spacious and accessible sports courts, indoor track, lap pool, therapy pool and spa, fitness/training equipment, locker rooms, showers and dressing areas for people with physical and sensory disabilities.

## **ABIL's Survival Manual: A Tool for Everyone!**

The ABIL Independent Living Team in collaboration with AzSCIA will be providing two classes on February 21, 2012. The class is titled: **Disability Survival Manual a Tool for Everyone to find Community Resources!**

For many years ABIL has compiled a 21 page booklet that is designed to be a valuable resource for the community. This manual tells it like it is. We hope you will come away from this class with two things: 1) life with a disability is not the end of the world-it's just a new beginning, and 2) knowing where to go, and taking charge of getting there, will make your life full, exciting, and rewarding.

This class will cover the contents of this manual with many tips to navigating its pages. Participants we will have fun by playing the old fashion game of "Scavenger Hunt", and at the same time learn how to navigate these valuable pages.

### **Special Guest-**

Karin A. Grandon M.A., CRC, CPRP- Arizona Rehabilitation Services Administration who is the Statewide Independent Living Coordinator and Susan DeNova, our ILRS Counselor

For the Arizona Independent Living Rehabilitation Services

(ILRS) program will give us an overview of the services this agency provides to support individuals with a disability to achieve or maintain a self-directed, independent lifestyle.

Independent Living services:

- Independent Living Skills Training
- Information and referral
- Individual and systems advocacy
- Peer support, counseling and mentoring

**February 21, 2012 at 10:00am to Noon or 1:00pm to 3:00pm (chose one)**

Arizona Bridge to Independent Living  
Conference room 2  
5025 E. Washington  
Phoenix, Arizona 85034

Make your reservation today by calling Lyne at (602) 296-0534 Transportation is provided by the Arizona Spinal Cord Association. To make a reservation contact Mike Bruning at (602) 703-2199 or e-mail Mike at [bruning4@msn.com](mailto:bruning4@msn.com). Transportation is on a first come basis.

## **Check out new informational resources!**

AzSCIA just added some new links on our webpage for the benefit of our members!

Watch our videos! - From the [Christopher and Dana Reeve Foundation](#) See success stories, research updates or get information from the paralysis resource center.

Or check out [FacingDisability.com](#), a groundbreaking new website that the Hill Foundation of Chicago launched this summer

This three year project took so long because the website has more than 1,000 videos drawn from personal interviews with people who have spinal cord injuries, their families, caregivers and experts in the field.

It is designed to provide information and support by connecting families suddenly faced with a spinal cord injury with the real-life experiences of others who have been there before them.

Experts in the field have already called it a "wonderful resource—important and powerful." "It will become a model for others like it."

These links are available through [www.azspinal.org](http://www.azspinal.org) at the bottom of our homepage!

**Come check out some of the best accessible tennis players in the country! Interested in learning to play wheelchair tennis? Want to enhance your play? On February 10<sup>th</sup>-12<sup>th</sup> go to Hilton El Conquistador in Tucson.**

**Or come watch the Phoenix Mercury women's team take on the U of A Women's team on February 11<sup>th</sup> 9:30am and 11:00am at the Virginia G. Piper Sports and Fitness Center**

**AZ Autism United presents: 2012 Community Conference for Parents and Professionals**

**February 17<sup>th</sup> 9:00am-8:00pm and**

**Saturday February 18<sup>th</sup> 9:00am-5:00pm**

**At the Disability Empowerment Center 5025 E. Washington St. Phx, AZ 85034**

**Join the members of the autism community for one of the most unique, diverse and stimulating autism conferences you ever attended! Topics will include current therapies, parenting track, education and school services and the services and resources track.**

**Both days and reception \$180**

**One day only \$90**

**Contact Arizona autism united at [www.azaunited.org](http://www.azaunited.org) 602-773-5773**

## **Free Tax Preparation Assistance**

### **Wait for our Tax Site to Open Feb. 4<sup>th</sup>**

**Get 2011 Taxes Prepared for Free at ABIL Let us help you save your hard earned money!**

**Saturdays 9 am – 2 pm\*\*February 4th – April 14<sup>th</sup>**

Volunteer Tax Preparers will offer Federal and Arizona State tax preparation for any person with income less than \$50,270. Trained and certified volunteers will help people with basic tax returns here at the Disability Empowerment Center on Saturdays from 9:00am -2:00pm.

Save money by letting us do your tax preparation for free! ABIL's Volunteer Income Tax Assistance (VITA) site is in partnership with the City of Phoenix and the Internal Revenue Service (IRS). If you have a bank account, with Direct Deposit you can get your tax return within a few days. **Customers will be seen on a first come, first serve basis.**

If you have earned **anything** during 2011, even if you don't owe taxes, you may be eligible for several tax credits including the **Earned Income Tax Credit (EITC)**. You have to file to get the credits, even if you don't owe any taxes. It's worth it to wait until February!

**Items to bring to the VITA site to have your tax return prepared:**

- **Proof of identification**
- **Social Security Cards for you, your spouse and dependents** and/or a Social Security Number verification letter issued by the Social Security Administration
  - Or Individual Taxpayer Identification Number (ITIN) assignment letter for you, your spouse and dependents
  - Proof of foreign status, if applying for an ITIN
- **Birth dates for you, your spouse and dependents on the tax return**
- **Wage and earning statement(s)** Form W-2, W-2G, 1099-R, from all employers
- **Interest and dividend statements** from banks (Forms 1099)
- **Proof of bank account routing numbers and account numbers for Direct Deposit, such as a blank check**
- Last year's federal and state returns if available – copy is fine
- **If you pay for childcare:** Total paid for daycare provider and the daycare provider's tax identifying number (the provider's Social Security Number or the provider's business Employer Identification Number)
- **Married-filing-joint tax return:** To file taxes electronically, both spouses must be present to sign the required forms.

**Don't Give Your \$ Money \$ Away!**

**For reasonable accommodations or sign language interpretation contact John Beaubien at [johnb@abil.org](mailto:johnb@abil.org) or call 602-443-0720**

## **The Disability Empowerment Center is looking for volunteers and interns!**

### **Check out what opportunities are available.**

SpoFit's mission is to provide exceptional adaptive sports, recreation, aquatic, and fitness programs that promote the independence, health, and overall well-being of people with disabilities and their family members.

We are located at:

5031 E. Washington St.

Phoenix, AZ 85034

Website: [spofit.org](http://spofit.org)

For more information contact:

Jessica Amato

Phone: (602)-386-4285

Email: [jessicaa@abil.org](mailto:jessicaa@abil.org)

**Are you an SCI patient on Mercy Care? Do you love your doctor? I'm looking for referrals for a PCP, urologist and neurologist with spinal cord injury experience who takes Mercy Care insurance; doctors with a good working knowledge of secondary medical conditions like UTIs, spasticity, pressure sores, etc. Any recommendations please email our Community Resource Specialist Karen Halgren at [Karen@azspinal.org](mailto:Karen@azspinal.org)**

If you are interested in volunteering for the Arizona Spinal Cord Injury Association Fundraising and Charitable Giving Committee Please contact [info@azspinal.org](mailto:info@azspinal.org) we are looking for dedicated individuals who are willing to challenge themselves in these difficult economic times and raise funds for a cause they believe in!



### **Join the Red Means Stop Campaign**

Pamela and Ty Woods lead the San Tan Valley Chapter in Queen Creek, Arizona and they are currently recruiting new members. They are the grandparents of Shaun Doss who suffered serious injuries when a red light runner hit the van he was traveling in with his family. Shaun is confined to a wheelchair.

Contact Pam and Ty in Queen Creek, Arizona by email at [woodsmrs@gmail.com](mailto:woodsmrs@gmail.com) or by phone at the Red Means Stop Office – (480)305-7900

AzSCIA and Arizona Bridge to Independent Living are partnering to offer a series of Independent Living Classes! **Transportation will be provided free of charge.** Classes will take place on the 3<sup>rd</sup> Tuesday of Every Month. There are two classes 10:00am-Noon or 1:00pm-3:00pm!

**To make reservations for the classes contact Lyne at:**

**(602) 296-0534.**

**To make reservations for transportation call Michael Bruning at:**

**(602)-703-2199.**

- 2/21 Survival Manual
- 3/20 Chef's Cooking Class
- 4/17 People first
- 5/15 Gifted Hand's Movie
- 6/19 Time Management
- 7/4 4<sup>th</sup> of July Celebration
- 8/21 27 Hours

## **The Box Seat!**

Ingenious Innovation that keeps on Giving! 100% of the net proceeds support spinal cord injury research and development through the Christopher and Dana Reeves Foundation!

The Box seat is a recyclable, lightweight and portable events seat offering welcome comfort for those on the run! The box seat offers the perfect resting space, compact & convenient, yet hefty enough to support a 300 pounds! Keep it handy in your car, home, RV or trunk! The box seat is perfectly portable for soccer moms, tail gaters and parade goers, marathon fans, etc. Ideal at any sporting event or concert!

For corporate sponsors, it's also the high-profile showcase opportunity for a company name or branded product. And at the same time box seat supports a great cause! 100% of the Box Seat Net proceeds are dedicated to spinal cord injury research through the Christopher and Dana Reeves Foundation thanks to the generosity of the box seats inventor Coach Glen Henry! For information about this product visit [www.theboxseat.com](http://www.theboxseat.com) another innovative product from WHO! International [Sales@whogifts.com](mailto:Sales@whogifts.com)

## 8 ways to support the Arizona Spinal Cord Injury Association in 2012...

1. Make an online Holiday Gift Donation today at [www.azspinal.org](http://www.azspinal.org), click on meet AzSCIA and then Donate.
2. Give through Payroll Deduction! Our partner Community Health Charities will arrange for automatic withdrawal at whatever amount you request.
3. Donate an auction item for the Dry Heat Classic fundraiser! We are seeking items for the silent auction and raffle.
4. Corporate sponsorship! Contact [Micaela@azspinal.org](mailto:Micaela@azspinal.org) for more information.
5. Volunteer to help on an event or committee! Contact [info@azspinal.org](mailto:info@azspinal.org) to volunteer.
6. Host your own Fundraiser with friends, family or the office. Contact 602-507-4209 if you need help organizing your fundraiser.
7. Make an In-Kind donation of goods and services.
8. Make a tax free donation using your IRA if you are 70 or older.



**Use the Arizona Spinal Cord Injury Association for Your accessible transportation needs! We will take You to doctor's appointments, grocery shopping, Social outings with friends and family! Our drivers are available 24/7 and 365 days a year! Rent a van for family road trips!**

**Our drivers are all emergency prepared professionals and they will take you wherever you want to go!**

For information or quotes call 602-703-2199 or email [Bruning4@msn.com](mailto:Bruning4@msn.com)

## Try Wheelchair Fencing!

*Brought to you by the Arizona Spinal Cord Injury Association and Virginia G. Piper Sports and Fitness Center*

**8 week Session: January 9<sup>th</sup>-February 27<sup>th</sup>  
Mondays 6:30pm-8:30pm  
Choose a weapon: Foil, Epee or Sabre**

*Develop your skills and ability through an adaptive combat sport. Increase kinetic awareness, coordination, quickness, power, strength and intelligence!*

*Contact Coach Shaun McGonigle [stmconi@asu.edu](mailto:stmconi@asu.edu) free to members or \$35 for nonmembers. Call AzSCIA to arrange free transportation at 602-703-2199*

The Arizona Spinal Cord Injury Association would like to request that you spend a few minutes answering questions about the overall evaluation of the Association and also the Website and its accessibility. We appreciate your feedback! Your comments will help us improve our programs and services. The deadline to receive your response is Monday, April 30, 2012.

Both surveys are in the Feedback tab on the main page of the website.

### Program Evaluation

This survey contains 23 questions and will take approximately 15 minutes to complete.

### Website Feedback

This survey contains 17 questions and will take approximately 10 minutes to complete.

*Please! Please! Please! And Thank You!*

# Adaptive Rec Upcoming Events!

## **\*\*AZ DISABLED SPORTS WINTER-SPRING PROGRAMS\*\***

AzDS Winter-Spring Programs

Register TODAY!

The adaptive opportunities available for people with physical disabilities include Swimming, track & field, archery, power soccer and wheelchair basketball.

Online registration available through Active.com:

PC Winter-Spring Registration 2012 [http://www.active.com/event\\_detail.cfm?event\\_id=1994274](http://www.active.com/event_detail.cfm?event_id=1994274)

To view the program schedule, please see attachment.

**SkiAble Adaptive Alpine Experience-** "SkiAble" provides alpine skiing instruction to individuals with physical and/or sensory impairments.

The learn to ski program that includes adapted ski equipment, certified ski instructors and trained volunteers. Register online today <http://www.active.com/skiing/greer-az/skiable-adaptive-alpine-experience-2012> or contact [lane@arizonadisabledsports.com](mailto:lane@arizonadisabledsports.com) for the paper registration.

[Event Info](#)

Sun-Mon, Feb 12-14

Sunrise Ski Park, Greer

For more information go to: [www.mesadisabledsports.com/](http://www.mesadisabledsports.com/)

## 2012 Scholarship Announcement and Application

Through the Looking Glass and its National Center for Parents with Disabilities and their Families are pleased to announce new scholarships specifically for high school seniors or college students who have parents with disabilities. A total of fifteen \$1000 scholarships will be given out Fall 2012. Scholarship information and applications are available on Through the Looking Glass' website [www.lookingglass.org](http://www.lookingglass.org)

These scholarships are part of Through the Looking Glass' National Center for Parents with Disabilities and their Families. There are separate eligibility requirements for high school seniors and for college students:

1. **High School Seniors.** To be eligible, a student must be a high school graduate (or graduating senior) by Summer 2012, planning to attend a two-year or four-year college in Fall 2012 in pursuit of an AA, BA or BS degree, and have at least one parent with a disability.
2. **College Students.** To be eligible, a student must be currently enrolled in a two-year or four-year college Fall 2012 in pursuit of an AA, BA or BS degree, be 21 years of age or younger as of [March 5, 2012](#), and have at least one parent with a disability.

All application materials must be postmarked by [March 5, 2012](#). Individuals may submit only one application award period. Also see [Scholarships: Frequently Asked Questions](#)

Thanks,

Scholarships Coordinator  
through the Looking Glass

The National Center for Parents with Disabilities and their Families

3075 Adeline Street, Suite 120 Berkeley, CA 94703

(800) 644-2666 (voice)(510) 848-1005 (TDD/TTY)FAX: (510) 848-4445 Website: <http://www.lookingglass.org/>

The Virginia G. Piper Sports & Fitness Center for Persons with Disabilities (SpoFit) opened on October 31<sup>st</sup>, 2011. The center is designed to provide health, fitness and recreation programs to individuals with disabilities and their families, and will also serve as a venue for local, national and international adaptive sporting events. The spectacular new center is co-located with the Disability Empowerment Center (DEC) in Phoenix, Arizona. The DEC and the SpoFit are owned and managed by Arizona Bridge to Independent Living (ABIL). In addition to ABIL, eleven other disability services organizations call the DEC home. The Disability Empowerment Center and the Virginia G. Piper Sports & Fitness Center comprise the first co-located, universally-designed (accessible) facilities of their kind in the United States.

The SpoFit is one of two centers in the U.S. that is specifically designed for individuals with disabilities, and the only center of its kind in the Western United States. It features two full-size sport courts, an indoor suspended track, rock climbing wall, fitness center/weight room, group fitness room and an aquatic center. The sport courts have both 10' and 8' hoops to allow youth to play more competitive basketball. The courts will also accommodate sit volleyball, power soccer, quad rugby and other team sports. The one-of-a-kind fitness center is located on the second floor. The spacious work-out center includes an accessible line of CYBEX weight-training and fitness equipment. The aquatic center contains a lap pool, therapy pool and spa. All three pools are accessible by chairlift. The lap pool and therapy pools also provide entry by elevator. The lap pool is designed with a lowered bench for transferring directly from a wheelchair to the water. The center's aquatic program will begin operating in March of 2012.

The center is home to the Phoenix wheelchair rugby team, whose roster includes numerous gold-medal Paralympians, and the Banner Phoenix Wheelchair Suns and Banner Phoenix Wheelchair Mercury basketball teams. In addition to team practices and tournaments, the SpoFit will host various clinics, such as sit volleyball and Warrior Games for veterans. The facility will hold group fitness classes such as sit yoga and zumba dance, and host educational nutrition and fitness classes, such as weight training basics. The facility offers health and fitness opportunities for both young and old, individual and team, and beginning and practicing athletes and fitness enthusiasts. The center is staffed by experienced individuals who are knowledgeable in disability and adaptive recreation programs. Amber Blanchard, SpoFit Manager, is a certified therapeutic recreation specialist (CTRS) with over twelve years experience as a therapeutic recreation program coordinator and adaptive sports board member.

Individual memberships may be purchased on a monthly or yearly basis, with youth, adult and senior pricing. Adult individual memberships are \$35/month. Family memberships and group rates are also available. Individuals or families may also pay per visit or purchase a punch pass good for twelve visits. Financial assistance is available for those who qualify; scholarship applications may be requested. Various areas of the SpoFit are available for rent for programs and activities for persons with disabilities, including the sport courts, group fitness room and aquatic center once it is open. Contact us about program, membership, scholarship and rental information at [www.spofit.org](http://www.spofit.org) or by calling the SpoFit at 602-386-4566. Email us at [spofitinfo@abil.org](mailto:spofitinfo@abil.org).

*Membership Options:*

Partner Punch Pass – Can be used by multiple members of an organization.

Punch Pass 100 – Discounted rate for large groups, good for 100 visits

Punch Pass – 12 visits good for one year

Annual – Member pays full cost up front. Receive 15% discount off monthly rate.

Drop-In – 1 day use

Monthly – Member is set up on draft where same amount will be deducted from account each month. First and last month are due when you registrar.

+1 – Add an additional member to your account

Family – Good for up to 6 people in the same household

<u>Partner Punch Pass 12 visits</u>	\$60
<u>Partner Punch Pass 100 visits</u>	\$300
<u>Adult (19+) Punch Pass</u>	\$60
<u>Adult Annual (19+)</u>	\$357
<u>Adult Annual +1</u>	\$510
<u>Adult Daily Drop-In (19+)</u>	\$6
<u>Adult Monthly (19+)</u>	\$35
<u>Adult Monthly +1</u>	\$50
<u>Family Annual</u>	\$612
<u>Family Daily Drop-In</u>	\$16
<u>Family Monthly</u>	\$60
<u>Senior (62+) Punch Pass</u>	\$50
<u>Senior Annual (62+)</u>	\$306
<u>Senior Annual +1</u>	\$459
<u>Senior Daily Drop-In (62+)</u>	\$5
<u>Senior Monthly +1</u>	\$45
<u>Senior Monthly(62+)</u>	\$30

# Michael Finney's **DRY-HEAT Classic 2012**

The Michael Finney  
Foundation and the Arizona Spinal



**Help Support the Arizona Spinal  
Cord Injury Association!**

**Buy tickets today by calling  
602-507-4209**

### Heckler \$500

- 1-Player in golf event paired on team with Celebrity
- 2-Tickets Thursday Celebrity Chef's Dinner/Silent Auction
- 2-Tickets Friday & Saturday Comedy/Variety Show

**Celebrity Chef Dinner/Silent Auction  
Individual Ticket \$50**  
Thursday July 26<sup>th</sup>, 2012

**Two Night Comedy/Magic Show Individual  
Ticket \$55**  
Friday July 27<sup>th</sup>, 2012 & Saturday July 28<sup>th</sup>,  
2012

**Friday Night Comedy/Magic Show  
Individual Ticket**  
Friday July 27<sup>th</sup>, 2012  
Lower Level Ticket

**\$30**

Balcony Level Ticket

**\$20**

**Saturday Night Comedy/Magic Show  
Individual Ticket**  
Saturday July 28<sup>th</sup>, 2012  
Lower Level Ticket

**\$30**

Balcony Level Ticket

**\$20**

**Discount rooms are available through Wild  
Horse Pass Hotel & Casino, \$69.95/night**

**Celebrity Chef Dinner ● Live Auction**

**Celebrity Golf Tournament**

**Silent Auction ● Raffle**

**2 nights of Comedy and Magic**

Have a great Time, for a good cause!

Go to: [www.dryheatclassic.com](http://www.dryheatclassic.com)

Proceeds will benefit  
Arizona Spinal Cord Injury  
Association  
Operation Smile  
Arizona Rotary Gift of Life  
And Wounded Warrior  
Operation One Voice

**July 26th, 27th  
& 28th  
2012**



The Social Security Administration's (SSA's) Region IX Selective Placement Program is searching for professionals to be a part of the SSA team that assists millions of retired and disabled workers, their dependents, and survivors.

As an SSA representative, daily tasks include:

Interviewing the general public and providing service regarding SSA programs.

- Gathering and analyzing facts and evidence to establish eligibility for benefits.
- Making critical decisions to determine the amount of benefits paid to individuals.
- Resolving complex problems and communicating important information concerning benefits.
- Speaking with beneficiaries about their rights under the Social Security laws.
- Using state-of-the-art computer technology to access and update information about claims.

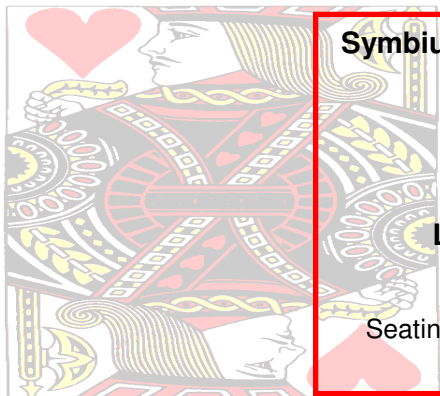
Our challenging fast-paced careers will allow you to make a difference in people's lives ... and your own!

**Please click on (or copy and paste) the following link to apply to our rewarding career opportunities:**

[http://www.ssa.gov/sf/employment/GhostLinks/SPP\\_FY12\\_Announcement-Application\\_Manager.doc](http://www.ssa.gov/sf/employment/GhostLinks/SPP_FY12_Announcement-Application_Manager.doc)

For any questions, please contact SSA's Region IX Selective Placement Coordinator at the following email address:  
[sf.ca.ro.hrc.spp@ssa.gov](mailto:sf.ca.ro.hrc.spp@ssa.gov).

*NOTE: If you have previously applied for the Fiscal Year 2011 (FY11) Selective Placement Program or have submitted an application through a process other than stated in the announcement, you will have to apply again through the provided link to be considered for Fiscal Year 2012 (FY12).*



**Symbius Medical and the Arizona Spinal Cord Injury Association present:**

**The Annual International Cribbage Tournament**

**Entry fee \$10- Prizes Awarded!**

**(fee includes breakfast snacks/lunch/drinks)**

**Location: Disability Empowerment Center Conference Room**

**5025 E. Washington Street Phx, AZ 85034**

Seating is limited; contact [GHershey@symbiusmedical.com](mailto:GHershey@symbiusmedical.com) to reserve your space!

**Check out this video of the Banner Wheelchair Suns during a halftime exhibition at Grand Canyon University!**

<http://youtu.be/ZPYNxwzCDtE>

## ***CLASSIFIED Ads***

**EZ Stand Frame with strap \$500 OBO**

**Manual potty Chair on wheels- 19" seat and walker asking \$150 for both OBO**

**Trans lift fully electric stand asking \$250 OBO**

Please contact Jim Hyatt at 602-403-5383

**Prone Standing Wheelchair FOR SALE!** It is an Easy Stand Evolv Designed to help users stand easily in three steps. There are several studies that clearly demonstrate that passive standing can have significant effects on long term health.

We are asking \$2000 OBO for an Easy Stand Evolv, prone standing (manual) wheelchair. It was purchased new with all the extras in 2009. The stand was used for about 3 months inside our home (not outside). People interested can reach me at [DeDe@asu.edu](mailto:DeDe@asu.edu).

**Hoyer lift and a manual wheel chair.** The hoyer lift is brand new but its about 3 years old. I bought it for Bryan a while back he used it maybe twice but has just never liked a hoyer lift. **I paid like \$1500 for but I am willing to take \$500 or less** I just need to get rid of it. The **wheel chair** is similar the yellow wheel chair Bryan has had forever , not sure you remember what it looks like but **it does not have big wheels and can be easily converted to a power chair in fact I might have a battery to go with it. That I will give to someone for \$75 again we paid like \$10,000** for the chair we got it as a second chair for Bryan I say he sat in it like maybe five times. I just cannot store this items any longer. If you know anyone interested please have them email me at [hamill@hotmail.com](mailto:hamill@hotmail.com)

## **Upcoming e-news information.....**

If there is anything that you would like to share with your fellow members, please contact Micaela Cheatham ([Micaela@azspinal.org](mailto:Micaela@azspinal.org)). She will ensure that the information will be posted on the e-news.

**THANK YOU!**