



Arizona Spinal Cord
Injury Association

AZSCIA E-NEWS

June 2, 2006

"A monthly update on the happenings and upcoming events in the association."

Arizona Spinal Cord
Injury Association
901 E Willetta St
#2306
Phoenix, AZ 85006
Phone: 602-239-5929
Fax: 602-239-6268
E-mail:
info@azspinal.org

We're on the Web!
www.azspinal.org

First Annual Spinal Cord Injury Retreat

We would like to thank our board members, volunteers, and sponsors who have made our First Annual SCI Retreat a success! We had approximately 75 individuals who attended.

We are already looking forward to next year!

St. Joseph's Hospital SCI Wellness Clinic

The trial run clinic day is scheduled for Thursday, July 13th. The clinic day starts at 8:00am and would end between 1:00 and 2:00 pm. Lunch will be provided.

We are now looking for 4 SCI client volunteers for this clinic day. They will have the opportunity for a complete eval by physician and all members of the clinic team which includes PT, OT, Rec Therapy, Nursing, Case Management/Social Work, Vocational Rehab. The participant must be willing to participate in a critique period at the end of the clinic (between 1:00 and 2:00 pm).

If individual needs are identified appropriate referrals can be made. There will be no charge to the clients for participating in this clinic and they will be providing a valuable resource to us as we work to perfect the Wellness Clinic. We will need the names, addresses, and telephone numbers of volunteers so that we can send them paperwork and talk with them.

If you know of anyone who would be interested, please refer that person to the office and the office staff will give the individual's information to Carolyn Mitchell.

Banner Wheelchair Sun 2005-2006 Season Finale

We The wheelchair basketball season came to end with the Women's National Tournament in Birmingham, AL in March and the Men's Final Four in Lexington, KY the first week of April.

Banner Wheelchair Mercury

In the Banner Wheelchair Mercury inaugural season the women played some exceptional basketball. They also at times played like a team in their first year with a bunch of rookies. The team was lead this season by veterans Sharon Miller, Renee Tyree and Patty Cisneros. The Banner Wheelchair Mercury is already planning for next season with sights on another National Tournament appearance in Tucson, AZ and a National Championship Trophy.

A very tall LA Sparks was the Mercury first competition at the National Tournament. The Mercury played the eventual National Champion runner-up team tough throughout the game. The Sparks experience and size at all positions eventually beat the Mercury 44 to 33.

The Mercury second game was again against a veteran club, the Minnesota Timberwolves. This was an exciting game with leads changing hand through the first 30 minutes of play. The last 10 minutes showed the inexperience of first time Mercury players. The Timberwolves pulled away for a 60 to 50 victory.

The Mercury's last game of the tournament had them playing the New York Liberty. The team found their defense and put the clamps on the Liberty. Final score Mercury 41 Liberty 10. Patty Cisneros was named to the all tournament team.

Banner Wheelchair Suns DI

April 7th the Banner Wheelchair Suns DI team played the Dallas Mavericks in first round action at the National Wheelchair Basketball Tournament in Lexington, KY. The Suns lead after the first quarter 30-19 behind the hot hand of Mark Shepherd and good team defense. The halftime score had Dallas ahead by 3. The 3rd quarter the lead would change hands a number of times. The end of the quarter again found Dallas with a 3-point lead. In the fourth quarter eventual National Champs Dallas pulled away for a 12-point victory 102 to 90. Mark Shepherd made the National All Tournament team. Our congratulations to Mark and the tournament he had.

Community Programs

The Banner Wheelchair Suns/Mercury program again this season continues with its strong community outreach. The players and coaches participated in numerous fund raising activities for community organizations and schools. The "Its OK To Be Different" and "Drive Safe" campaigns were again a success. Twelve Wheelchair Skills classes were held at local Rehabilitation Centers. School classroom visitations and education are ongoing and team members presented 3 times at the Spinal Cord Injury Curriculum night at St. Joe's Rehab Center.

On behalf of our coaches, players, parents I would like to thank our sponsors for their effort to make this program successful this season and every season. Without you none of this would be possible. I look forward to working with all of you in the 2006-2007 season. Again a big **thank you**.

Gary W. Venjohn
Executive Director
Banner Wheelchair Suns

CyberCIL of Arizona

CyberCIL of Arizona at www.cybercil.org, the first Virtual Center for Independent Living, is accepting applications for governing board members.

Centers for Independent Living (CILs) are typically non-profit corporations which are directed, managed and staffed by people with disabilities. CILs offer a variety of services for persons with disabilities and work within their communities to advocate for needed systems changes. CyberCIL is a Center for Independent Living (CIL) that exists entirely online providing an accessible resource for persons with disabilities throughout Arizona and the online world.

The mission of CyberCIL of Arizona is to provide useful, cutting edge,

assistance in accordance with the principles and philosophy of independent living to, and on behalf of, Arizonans with disabilities, so that they may attain or continue an independent lifestyle. Foremost among our principles, is the belief that people with disabilities must exercise power and authority over the programs and services designed to assist them.

Members selected to the governing board will promote CyberCIL's mission, participate in strategic planning, update/approve center policies and oversee CyberCIL's finances. All business will be conducted over the Internet. A majority of the Board of Directors must be people with disabilities. Criteria for acceptance on the Board of Directors include:

- Arizona Residency
- Knowledge and understanding of, and commitment to the principles and philosophy of independent living.
- The ability and commitment to participate on board committees and in online planning.
- The ability and commitment to visit the center's web site at least four times per week.

Individuals interested in applying for the Board of Directors should send an email outlining their credentials to our Executive Director at:

jlbenshoof@cybercilofarizona.org.

Come join our consumer directed Board of Governors and help us continue setting the course of the world's first virtual Center for Independent Living.

METRO Light Rail Transit Project "Community Advisory Board (CAB)"

Valley Metro is looking to appoint additional citizens from the ADA Community to our CAB's. Attached are the guidelines for establishing Members:

Method for Establishing Community Advisory Boards

METRO's Community Outreach Coordinators work with city staffs and community and business leaders in their respective line sections to develop a nomination list for potential CAB members.

Each CAB member:

- § Owns or manages a business on property adjacent to the light rail alignment or owns or rents a residence within approximately ½-mile of the light rail alignment and / or represents a group of stakeholders along a portion of the light rail alignment.

If you are interested, please contact Howard Steere, Public Involvement Manager with Valley Metro at 602-322-4476 or hsteere@valleymetro.org for questions or concerns with this request for a call to participate in METRO's Boards.

Bill Scott, Newly Appointee

Bill Scott, President of Abilities UNlimited, Inc. a disabilities issues consulting firm located in northwest Phoenix, has been appointed as a new member of the Cultural Diversity Advisory Committee (CDAC) for the National Council on Disability (NCD).

NCD is charged with promoting policies, programs, practices, and procedures that guarantee equal opportunity for all individuals with disabilities, regardless of the nature or significance of the disability, to support the empowerment of individuals with disabilities to achieve economic self-sufficiency, independent living, inclusion and integration into all aspects of society. The role of CDAC is to provide advice and to make recommendations to NCD within the scope of the agency's work and to do so in ways that reflects the perspectives and interests of people with disabilities from diverse cultures.

Congratulations Bill!

Jim Brahaney Daring Adventures

SLED ICE SKATING AND HOCKEY

Expand your exercise horizons this summer. Sled ice skating is geared for people with mobility impairments, and is open to anyone! We will provide all the equipment you will need to sled ice skate; instructions on how to sled ice skate; the opportunity to practice sled ice skating; optional clinic on the fundamentals of ice hockey. Enjoy the fun and thrill of flying on the ice!

June 10, 17, July 1, 8, 15, August 5, 12, 19, 2006

Arrival Time: 4:30pm

Ice Time: 5:00—6:00pm

Alltel Ice Den
9375 E Bell Road, Scottsdale

Fee: \$10 per day / all equipment provided

Mandatory orientation for NEW volunteers and NEW participants

June 10, 2006, 4:15pm

WILDERNESS CAMPING

Enjoy some time relaxing and playing in the cool pine country at the City of Phoenix's Camp Colley, located north of Payson, Arizona.

Activities at camp may include outdoor cooking, hiking, a service project and presentations by Forest Service or Arizona Game and Fish Rangers.

Cost includes food, round trip transportation to and from

Camp Colley from Telephone Pioneer Park and camping equipment.

Space is limited so sign up soon!

June 7, 8 & 9th, 2006 and August 15, 16, & 17, 2006

Program Fee: \$50

A mandatory orientation meeting will be held prior to each trip. Meeting date, time and location will be available soon.

REGISTRATION

Space is limited, so register today at **602-534-5683** or **602-495-5222** (voice), 602-534-2491 (TTY) or linda.tuck@phoenix.gov (e-mail).

Registering does not mean you are selected for the program.

You will be contacted prior to orientation to confirm your enrollment.

Important! Ask about our Volunteer Service Exchange program to help offset program fees. **Volunteers are needed** as well, please call and be a part of the fun!

Arizona Amateur Wheelchair 9-BALL Billiards Competition

DATE & LOCATION: **Saturday June 24, 2006** Sparky's Den in the ASU Memorial Union (Lower Level) On the ASU campus. Sign in @ **12:15pm** Play will start shortly after 12:30pm.

FREE ENTRY: Each Player will receive a Grand Canyon State Games T-shirt. And all table fees are included during the competition at ASU.

Awards: Three Medals Gold, Silver & Bronze with are giving to the top players of each division. The Power Player Award by APS will be given to an individual who demonstrates exceptional Character and sportsmanship as a defined by the Six Pillars of Character.

RULES: The Billiard Congress of America Rule Book. All competitions will be double elimination format.

**For more information contact Billiards Commissioner
Paul Crane Email: Craneaz@cox.net or 602-788-8655

Upcoming e-news information.....

If there is anything that you would like to share with your fellow members, please contact Vangie Mortenson. She will ensure that the information will be posted on the e-news.

THANK YOU!