



A Chapter of Christopher &
Dana Reeve Foundation



September 2010

We're on the
Web!

www.azspinal.org

Be our Friend!
Facebook –
Spinal Cord
Injury

MySpace –
AZ Spinal
Cord Injury
Association

5025 E Washington St #110
Phoenix, AZ 85034
Phone: 602-507-4209
Fax: 602-507-4214
Toll-free: 888-889-2185
info@azspinal.org

*"A bi-weekly update on the
happenings and upcoming events
in the Association and
Community Partners."*

Member E-Newsletter

Arizona Spinal Cord Injury Association

5th Annual Spinal Cord Injury Retreat

The Spinal Cord Injury Retreat was held August 12-15 at Whispering Hope Ranch in Payson, AZ. The four day camp drew 55 participants, 19 caregivers, 36 volunteers, most of whom are medical professionals, and 24 day visitors. Participants included individuals with spinal cord injuries, post-polio, ALS, Cerebral Palsy, MS, spinal disease, caregivers and family members. Of our participants 50% were first time attendees. The retreat allowed its participants the opportunity to do a variety of activities that they hadn't done since their injury, at a minimal cost. For many this was their first vacation post-paralysis.

Kayla would like to send a huge thank you to the Association drivers who somehow managed to arrange and provide transportation for an astounding 34 participants and five caregivers, including five participants from Tucson. If you know anyone who did volunteer, or participated on the planning committee please take a moment to thank them personally for their help. Our volunteers did a tremendous job particularly given the inordinate number of high level injury participants who attended this year.

Gentiva Rehab Without Walls Farmers Market

Date: Thursday, November 4, 2010

Time: 9:30AM – 2:00PM

Location: 7227 N 16th Street, Phoenix, AZ 85020

Calling all Artists, Crafters, Chefs and Bakers! We need your talent! Donate your creations to Rehab Without Walls Farmers Market.

Proceeds benefit the summer camps sponsored by the Brain Injury Association of Arizona and Arizona Spinal Cord Injury Association.

The sale of your beautiful, hand-crafted items could help to send a brain injury or spinal cord injury survivor to camp! Items which have sold well include: Handmade greeting cards, felted wool purses, girls decorated headbands and barrettes, seasonal items, handmade jewelry, salsas and dips, sweet breads, and homemade candy.

Contact Maribeth at Maribeth.Hirte@Gentiva.com or 602-943-1012.

Brown Bag University

Please join us for a 4-series course starting in October. The courses are designed for you to ask questions in a small, comfortable setting.

The dates are:

Tuesday, October 5th - "Special Needs Trust" by Chris Carter, The Wealth Store

Tuesday, October 19th - "*Financial Planning*" by Chris Carter, The Wealth Store
 Tuesday, November 16th - "*Diagnosing Heart Issues*" by Paul Mortensen
 Tuesday, November 23rd - TBA, Kayla Cheatham

5:30PM - Dinner
 5:45PM - 6:15PM - Course
 6:15PM - 6:30PM - Q & A

October classes will be held in the Nina Mason Pulliam Conference Room. The classes in November will be held in the AZSCIA Conference Room, 5025 E Washington St., Ste 110, Phoenix, AZ 85034. Dinner and beverage will be provided. It is FREE to attend. Courses in October is limited to 50 individuals. The courses in November is limited to 10 individuals, so please RSVP today! Dinner for the October classes is sponsored by The Wealth Store.

For more information, please contact AZSCIA at 602-507-4209.

Advanced Wheelchair Skills Clinic

Presented by Banner Wheelchair Suns Basketball, Banner Health Arizona and Arizona Spinal Cord Injury Association

Shorter hospital and rehabilitation stays may not allow enough time to learn important wheelchair skills, as we may need to brush-up or learn new skills to remain independent. This lack of wheelchair skill may lead to secondary conditions or isolation because more efficient in the use of your wheelchair. Come and join us in some practical advice from those who know.

This program is divided into four modules:

Transferring:

Chair to Furniture / Bed / Vehicle; Chair to Floor / Floor to Chair

Managing your Environment:

Opening and Closing Doors; Operating Elevators and Escalators; Wheelies; Curbs; Ramps and Various Terrain, etc.

Bathroom Mobility:

Focus will be on transfers and clothing management in the restroom

Mechanics of Your Chair / Adaptive Sports:

Making adjustments to and general maintenance of your Wheelchair; Overview of various adaptive sports options

This series of free clinics will be given on the 2nd Floor of Banner Good Samaritan Rehabilitation Institute 1012 E. Willetta Street, Phoenix, AZ. The Clinic dates are September 22, 29 and October 6, 13 from 4:00 - 6:00 pm. Call (602) 507 - 4209 or (602) 790 - 7909 for more information.

2010 Arizona Disabilities Expo

Date: Saturday October 2nd, 2010
 Location: Phoenix Convention Center, Hall G
 Time: 12:00PM to 4:00PM

For any further questions, please free to contact Susan DeNova, sdenova@azdes.gov or call 602-470-1802 X114. Please visit the web site at www.azdx.com.

Living Well With A Disability

Let Us Show You How

- Would you, or someone you know, like to enjoy a better quality of life, to get help in reaching a personal goal, or perhaps, just make fewer trips to emergency or urgent care?

- If you answered YES, then plan to attend LIVING WELL WITH A DISABILITY.

This is a 20 hour/10-week health promotion program for adults with physical disabilities. There is no charge to attend. The structured curriculum was developed and tested by the University of Montana, Rural Institute on Disabilities, Kansas University with many participating CIL members.

WHEN: Fridays, July 23rd - September 24th from 1:00pm – 3:00pm

WHERE: Classroom B ABIL Disability Empowerment Center

Register early. Space is limited. Presented by ABIL and the Valley of the Sun YMCA. For more information and to register, contact: Leonard Smith 602-386-4281.

Sports and Disability presented by Neal Walk

Humanities Lecture Series

Date: Thursday, Sept. 2, 2010

Time: 6:30 to 9 p.m.

Location: Downtown Phoenix campus, Nursing and Health Innovation II
Innovation auditorium, Room 110, 550 N. Third St., Phoenix

Join former Phoenix Suns player Neal Walk as he recounts his playing days, his current position in the Suns archive services department, and his passion for giving others inspiration as he speaks from a wheelchair(?!). Following his NBA career, Walk came back to Phoenix and underwent several surgeries to remove a tumor from his spinal cord. He was left confined to a wheelchair (sic), but that doesn't stop him from leading a productive and dynamic life working with the Suns.

"I liken my situation to being someone in the second quarter of life. The halftime buzzer hasn't sounded, there's a whole lot of life to be played, and I have the rest of my life to get out of this chair," Walk said. "But that's fine if I don't. Who knows what's in store for me? Maybe by the time I get out of this wheelchair I'll be comfortable in it."

Lectures are free and open to the public.

MTV's Zupan Can

Every day accidents happen that unexpectedly change a person's life forever. Facing a life-changing injury can be overwhelming, challenging, and difficult to understand.

MTV is developing a pilot for a potential new documentary series about young people who have recently suffered serious injuries and are rebuilding their lives. The subjects will work with Mark Zupan, quad rugby player and star of the movie "Murderball," who will offer his expert advice on how to move forward after a serious injury. Mark is a quadriplegic who faced first-hand the adversity of being paralyzed in a car accident in 1993.

Who we are looking for

We are looking for one young person to be the subject of our pilot for this potential new series. We're looking for young people between the ages of 16-28 who are recovering from a serious injury and would like to share their story on national television.

About Punched In The Head Productions

We are a small independent production company that's been contracted by Cheri Sundae Productions to find subjects for this MTV pilot episode. We have produced several episodes of MTV's "True Life."

About Mark Zupan

Mark is a Paralympic athlete, motivational speaker, author, and an engineer. He was featured in the Oscar nominated-documentary *Murderball*, and has appeared in several television shows including *Miami Ink* and *30 Days*.

How to contact us

718-422-0704 ext 108

Youth Volunteers

The association was contacted by a volunteer of our Association whose church does an annual service weekend in October. On October 23rd, there will be teams of junior High and High school kids traveling in Phoenix doing various service projects (Last year they had over 150 participants).

If you are a consumer who needs help with yard work, paint, clean house or any other kind of chores around the house, there are many young adults ready to work. Each team of 8 to 10 kids will have two adult leaders. The whole point of this 24 hour outreach is to know what it means to be a servant. If you are interested, please contact Michael Gilman at mgilman3@cox.net.

Accessible Parking Enforcement Volunteers

Accessibility Compliance Enforcement (ACE) Program Volunteers respond throughout the City issuing disabled parking citations. The ACE mission is to provide safe and accessible parking spaces for the disabled community through enforcement and education. Directed response is accomplished by responding to locations identified through the Save Our Space Hotline. There are currently 20 volunteers providing more than 250 hours of service and writing up to 200 citations each month.

602-534-SPACE (Accessibility Compliance Hotline) The City of Phoenix "Save Our Space" campaign established a telephone hotline to accept handicapped parking complaints and requests for service. These "hotspots" are distributed to ACE volunteers for enforcement.

Speaking of Accessible Parking...

CENTRAL — A South Carolina law that went into effect Jan. 1 makes parking in a handicapped park space an arrest able offense if the vehicle involved is not being used by a driver or passenger legally considered to have a handicap.

The town of Central is considering a proposed ordinance that would enable town law enforcement agents to better handle handicapped parking violations. South Carolina law now considers such a violation to be a "high-court crime," said Central Police Chief Kerry Avery.

Phillip Mishoe, Central town administrator, said small towns across the state are seeking to amend their town ordinances to make them more "town friendly" with regard to the new law.

"Our new ordinance is seeking to make it easier for law enforcement to write a ticket for parking in a handicapped parking space, without all of the legal complications engendered by this new state law," Mishoe said. "Small towns do not have the time or police presence to properly enforce the new law as written."

Avery said municipal police departments are required by the state law to seek an arrest warrant for an individual who illegally parks in a handicapped space.

"The warrant has to be served, and the person is then fingerprinted and could be put in jail until a bond hearing can be scheduled," he said. "The town would be holding someone in jail on a parking violation."

Because the offense is a high-court crime under state law, municipalities would have no jurisdiction in the matter, Avery said.

"The case has to go to a higher court (such as a superior court)," he said.

Under the new state law, when a person is issued a handicapped parking placard, a photo of the person must be displayed on the placard, which is placed on the rearview mirror of a vehicle.

The Central Town Council will hear the first reading of the proposed ordinance at its regularly scheduled council meeting late last month.

Checkup on Your Benefits

www.benefitscheckup.org

BenefitsCheckUp is pleased to announce that we will be releasing improvements to the usability of the screening questionnaires on Wednesday, August 18th, 2010! As a result, you will notice a shorter and more streamlined questionnaire.

In order to fully update the BenefitsCheckUp website and perform routine maintenance, most of the site features will be unavailable for several hours starting 9pm Eastern Time on Tuesday, August 17th. As always, BenefitsCheckUp will be available for use the morning of Wednesday, August 18th.

Mobile Mammography Service - Accessible

<http://mobileonsitemammography.com/index.php>

Our purpose is to provide mammography exams for early detection of breast cancer and to give peace of mind regarding a woman's current health status.

The problem is that 80% of the women that should have an annual mammography exam don't because they are unable to find a mammography facility that is conveniently located for easy use or it takes too much time to arrange appointments, travel and request time off work (approx. 2 hours), etc.

Our answer to that problem is that We Come To You!

MOM is Convenient

No hassles, the exam is completed in 15 minutes at work or a community location

MOM is Accessible

Easy to find and fast service

MOM is Comfortable

Our professional staff and latest technology focuses on the patients personal comfort safety and privacy.

Our fees, which include mammography exam and radiology reports, are lower than the average fee charge by fixed site mammography providers.

90% of our patients tell us they would not have completed their annual breast cancer screening if MOM had not been sponsored by their employer or other sponsors.

Remember, 15 minutes could save your life.

ALTCS Seeks Public Input

ALTCS is seeking community input on their program as they prepare to go out to solicit managed care organizations to provide ALTCS services. This is your change to make comments of what they should be considering. Go to <http://www.azahcccs.gov/commercial/Purchasing/purchasing.aspx> and click on comment form. **This is your chance to influence the criteria they use for selecting provider organizations.**

Sweet Inde

Empowering People with Disabilities to Find Employment in the Community

I would like to introduce you to a new nonprofit corporation in Arizona that provides job training for people with disabilities. Kristen Bean (Executive Director), Jolene De Tiege (Assistant Director), and Michael Cline (Marketing and Creative Director) have founded Sweet Inde and will begin providing services for people with disabilities in September 2010.

Participants of the Sweet Inde program will receive job experience while baking and/or selling baked goods at farmers markets. Sweet Inde Bakery will provide an opportunity for participants to work in the community. Participants will also receive professional development training, such as resume development, interview training, and support in finding employment in the community. Participants will be assigned a job coach, who will be trained on supporting individuals with professional development and networking to connect with community employers. We are recruiting participants and volunteers to become job coaches.

If you are interested in becoming a participant to receive job training or volunteering as a job coach and/or baker, please e-mail a cover letter and resume (if applicable) including your name, contact information, job experience and education to Kristen Bean at sweetindebakery@gmail.com. Each participant and volunteer will be required to receive a food worker's permit. Sweet Inde will reimburse you for the cost of the permit. For more information on Participant Requirements and Volunteer Requirements, please email Kristen at sweetindebakery@gmail.com.

Financial Planning for Special Needs

by Chris Carter, Senior Financial Advisor

It is estimated, one in ten families will face the challenges of a disability or special need. It is a fact that without proper financial and estate planning, a disabled family member with special needs could lose valuable government benefits and be subjected to unnecessary financial hardships.

One valuable tool to help preserve governmental benefits and assist in protecting assets is known as a Special Needs Trust or Supplemental Trust. A Special Needs Trusts can help a disabled beneficiary receive gifts, lawsuit settlements, or other funds and not lose eligibility for some types of government programs. In addition, they are often used to provide benefits for medical expenses, transportation, rehabilitation, maintenance, education, and insurance.

When considering the advantages of a Special Needs Trust, it is important to be aware when the documents are arranged properly; the assets in the trust do not belong to the beneficiary. In this way, the Trust can provide benefits to an individual with special needs and not subject them to disqualification from government programs. A Special Needs Trust may hold title to the property for the benefit of a child or adult with a special need.

A properly drafted Special Needs Trust will address paybacks to Medicaid and other similar sources. It is mandated by law that repayment language be included in all Special Needs Trusts, whether repayment is required or not. The law requires that payback be made to Medicaid, but only under specific circumstances.

Chris Carter has over 15 years of industry experience and is a Senior Financial Advisor at The Wealth Store Financial. Contact Chris today at 623-748-3920 or 480-600-6817 with all your financial questions.

Independent Living Resource Fair

Date: Friday, November 12, 2010

Location: Disability Empowerment Center, 5025 E Washington Street, Phoenix, AZ 85034, at the Nina Mason Pulliam Conference Center & Courtyard

Time: 10:00AM to 3:00PM

The Community Integration Unit-Independent Living Team will be hosting a Independent Living Resource Fair. The Resource Fair's primary goal is to provide information to assist Consumers, Caregivers, Families, and the Community with resources to enhance Independent Living. The fair will include multiple organizations who all share a common goal: To provide independence! Please RSVP your attendance to Leticia Hawkins at 602-443-0715.

For Sale

Accessible home, Baseline Corridor, Built '09, 1,655 sqft, 3BDR/2BA + 1 Office/Den - 2 car garage, granite countertops & upgraded kitchen cabinets. Ceiling fans thru out, Huge master bath, Roll-in shower/roll-under sink/ADA toilet/big garden tub, All tile except for 2 sm. bedrooms. No step entry - front door/garage/patio. All doors 36", lever knobs. Water softener/RO system. Asking \$168,000. Contact Andrew Moody at 602-573-2645 or amoodiaz@yahoo.com. Photos available.

Also for sale from Andrew Moody, brand new in box, The Compact+ by Optelec is designed for individuals with an active lifestyle who require portable magnification on-the-go. The Compact+ digital magnifier easily fits into your purse, schoolbag, or briefcase. The Compact+ comes with 2 AA batteries with 3 hours of continuous use and provides 2X to 10X magnification on a 4.3" widescreen TFT color screen. Reading a menu or signing a check is now easier than ever with the Compact+. Features: 2X to 10X magnification on a 4.3" color TFT screen. Multiple Viewing Modes: Full Color Black and White Blue and Yellow Black and Yellow Reverse Mode. Freeze frame functionality, Camera positioned at center of screen for writing capabilities. Weighs only 10 ounces Three-hour rechargeable battery, Convenient carrying case. Retractable hand grip for optimal reading convenience.

Upcoming e-news information.....

If there is anything that you would like to share with your fellow members, please contact Vangie Mortenson. She will ensure that the information will be posted on the e-news.

THANK YOU!



A Chapter of Christopher &
Dana Reeve Foundation



September 2010

We're on the
Web!

www.azspinal.org

Be our Friend!
Facebook –
Spinal Cord
Injury

MySpace –
AZ Spinal
Cord Injury
Association

5025 E Washington St #110
Phoenix, AZ 85034
Phone: 602-507-4209
Fax: 602-507-4214
Toll-free: 888-889-2185
info@azspinal.org

*"A bi-weekly update on the
happenings and upcoming events
in the Association and
Community Partners."*

Member E-Newsletter

Arizona Spinal Cord Injury Association

5th Annual Spinal Cord Injury Retreat

The Spinal Cord Injury Retreat was held August 12-15 at Whispering Hope Ranch in Payson, AZ. The four day camp drew 55 participants, 19 caregivers, 36 volunteers, most of whom are medical professionals, and 24 day visitors. Participants included individuals with spinal cord injuries, post-polio, ALS, Cerebral Palsy, MS, spinal disease, caregivers and family members. Of our participants 50% were first time attendees. The retreat allowed its participants the opportunity to do a variety of activities that they hadn't done since their injury, at a minimal cost. For many this was their first vacation post-paralysis.

Kayla would like to send a huge thank you to the Association drivers who somehow managed to arrange and provide transportation for an astounding 34 participants and five caregivers, including five participants from Tucson. If you know anyone who did volunteer, or participated on the planning committee please take a moment to thank them personally for their help. Our volunteers did a tremendous job particularly given the inordinate number of high level injury participants who attended this year.

Gentiva Rehab Without Walls Farmers Market

Date: Thursday, November 4, 2010

Time: 9:30AM – 2:00PM

Location: 7227 N 16th Street, Phoenix, AZ 85020

Calling all Artists, Crafters, Chefs and Bakers! We need your talent! Donate your creations to Rehab Without Walls Farmers Market.

Proceeds benefit the summer camps sponsored by the Brain Injury Association of Arizona and Arizona Spinal Cord Injury Association.

The sale of your beautiful, hand-crafted items could help to send a brain injury or spinal cord injury survivor to camp! Items which have sold well include: Handmade greeting cards, felted wool purses, girls decorated headbands and barrettes, seasonal items, handmade jewelry, salsas and dips, sweet breads, and homemade candy.

Contact Maribeth at Maribeth.Hirte@Gentiva.com or 602-943-1012.

Brown Bag University

Please join us for a 4-series course starting in October. The courses are designed for you to ask questions in a small, comfortable setting.

The dates are:

Tuesday, October 5th - "Special Needs Trust" by Chris Carter, The Wealth Store

Tuesday, October 19th - "*Financial Planning*" by Chris Carter, The Wealth Store
 Tuesday, November 16th - "*Diagnosing Heart Issues*" by Paul Mortensen
 Tuesday, November 23rd - TBA, Kayla Cheatham

5:30PM - Dinner
 5:45PM - 6:15PM - Course
 6:15PM - 6:30PM - Q & A

October classes will be held in the Nina Mason Pulliam Conference Room. The classes in November will be held in the AZSCIA Conference Room, 5025 E Washington St., Ste 110, Phoenix, AZ 85034. Dinner and beverage will be provided. It is FREE to attend. Courses in October is limited to 50 individuals. The courses in November is limited to 10 individuals, so please RSVP today! Dinner for the October classes is sponsored by The Wealth Store.

For more information, please contact AZSCIA at 602-507-4209.

Advanced Wheelchair Skills Clinic

Presented by Banner Wheelchair Suns Basketball, Banner Health Arizona and Arizona Spinal Cord Injury Association

Shorter hospital and rehabilitation stays may not allow enough time to learn important wheelchair skills, as we may need to brush-up or learn new skills to remain independent. This lack of wheelchair skill may lead to secondary conditions or isolation because more efficient in the use of your wheelchair. Come and join us in some practical advice from those who know.

This program is divided into four modules:

Transferring:

Chair to Furniture / Bed / Vehicle; Chair to Floor / Floor to Chair

Managing your Environment:

Opening and Closing Doors; Operating Elevators and Escalators; Wheelies; Curbs; Ramps and Various Terrain, etc.

Bathroom Mobility:

Focus will be on transfers and clothing management in the restroom

Mechanics of Your Chair / Adaptive Sports:

Making adjustments to and general maintenance of your Wheelchair; Overview of various adaptive sports options

This series of free clinics will be given on the 2nd Floor of Banner Good Samaritan Rehabilitation Institute 1012 E. Willetta Street, Phoenix, AZ. The Clinic dates are September 22, 29 and October 6, 13 from 4:00 - 6:00 pm. Call (602) 507 - 4209 or (602) 790 - 7909 for more information.

2010 Arizona Disabilities Expo

Date: Saturday October 2nd, 2010
 Location: Phoenix Convention Center, Hall G
 Time: 12:00PM to 4:00PM

For any further questions, please free to contact Susan DeNova, sdenova@azdes.gov or call 602-470-1802 X114. Please visit the web site at www.azdx.com.

Living Well With A Disability

Let Us Show You How

- Would you, or someone you know, like to enjoy a better quality of life, to get help in reaching a personal goal, or perhaps, just make fewer trips to emergency or urgent care?

- If you answered YES, then plan to attend LIVING WELL WITH A DISABILITY.

This is a 20 hour/10-week health promotion program for adults with physical disabilities. There is no charge to attend. The structured curriculum was developed and tested by the University of Montana, Rural Institute on Disabilities, Kansas University with many participating CIL members.

WHEN: Fridays, July 23rd - September 24th from 1:00pm – 3:00pm

WHERE: Classroom B ABIL Disability Empowerment Center

Register early. Space is limited. Presented by ABIL and the Valley of the Sun YMCA. For more information and to register, contact: Leonard Smith 602-386-4281.

Sports and Disability presented by Neal Walk

Humanities Lecture Series

Date: Thursday, Sept. 2, 2010

Time: 6:30 to 9 p.m.

Location: Downtown Phoenix campus, Nursing and Health Innovation II
Innovation auditorium, Room 110, 550 N. Third St., Phoenix

Join former Phoenix Suns player Neal Walk as he recounts his playing days, his current position in the Suns archive services department, and his passion for giving others inspiration as he speaks from a wheelchair(?!). Following his NBA career, Walk came back to Phoenix and underwent several surgeries to remove a tumor from his spinal cord. He was left confined to a wheelchair (sic), but that doesn't stop him from leading a productive and dynamic life working with the Suns.

"I liken my situation to being someone in the second quarter of life. The halftime buzzer hasn't sounded, there's a whole lot of life to be played, and I have the rest of my life to get out of this chair," Walk said. "But that's fine if I don't. Who knows what's in store for me? Maybe by the time I get out of this wheelchair I'll be comfortable in it."

Lectures are free and open to the public.

MTV's Zupan Can

Every day accidents happen that unexpectedly change a person's life forever. Facing a life-changing injury can be overwhelming, challenging, and difficult to understand.

MTV is developing a pilot for a potential new documentary series about young people who have recently suffered serious injuries and are rebuilding their lives. The subjects will work with Mark Zupan, quad rugby player and star of the movie "Murderball," who will offer his expert advice on how to move forward after a serious injury. Mark is a quadriplegic who faced first-hand the adversity of being paralyzed in a car accident in 1993.

Who we are looking for

We are looking for one young person to be the subject of our pilot for this potential new series. We're looking for young people between the ages of 16-28 who are recovering from a serious injury and would like to share their story on national television.

About Punched In The Head Productions

We are a small independent production company that's been contracted by Cheri Sundae Productions to find subjects for this MTV pilot episode. We have produced several episodes of MTV's "True Life."

About Mark Zupan

Mark is a Paralympic athlete, motivational speaker, author, and an engineer. He was featured in the Oscar nominated-documentary *Murderball*, and has appeared in several television shows including *Miami Ink* and *30 Days*.

How to contact us

718-422-0704 ext 108

Youth Volunteers

The association was contacted by a volunteer of our Association whose church does an annual service weekend in October. On October 23rd, there will be teams of junior High and High school kids traveling in Phoenix doing various service projects (Last year they had over 150 participants).

If you are a consumer who needs help with yard work, paint, clean house or any other kind of chores around the house, there are many young adults ready to work. Each team of 8 to 10 kids will have two adult leaders. The whole point of this 24 hour outreach is to know what it means to be a servant. If you are interested, please contact Michael Gilman at mgilman3@cox.net.

Accessible Parking Enforcement Volunteers

Accessibility Compliance Enforcement (ACE) Program Volunteers respond throughout the City issuing disabled parking citations. The ACE mission is to provide safe and accessible parking spaces for the disabled community through enforcement and education. Directed response is accomplished by responding to locations identified through the Save Our Space Hotline. There are currently 20 volunteers providing more than 250 hours of service and writing up to 200 citations each month.

602-534-SPACE (Accessibility Compliance Hotline) The City of Phoenix "Save Our Space" campaign established a telephone hotline to accept handicapped parking complaints and requests for service. These "hotspots" are distributed to ACE volunteers for enforcement.

Speaking of Accessible Parking...

CENTRAL — A South Carolina law that went into effect Jan. 1 makes parking in a handicapped park space an arrest able offense if the vehicle involved is not being used by a driver or passenger legally considered to have a handicap.

The town of Central is considering a proposed ordinance that would enable town law enforcement agents to better handle handicapped parking violations. South Carolina law now considers such a violation to be a "high-court crime," said Central Police Chief Kerry Avery.

Phillip Mishoe, Central town administrator, said small towns across the state are seeking to amend their town ordinances to make them more "town friendly" with regard to the new law.

"Our new ordinance is seeking to make it easier for law enforcement to write a ticket for parking in a handicapped parking space, without all of the legal complications engendered by this new state law," Mishoe said. "Small towns do not have the time or police presence to properly enforce the new law as written."

Avery said municipal police departments are required by the state law to seek an arrest warrant for an individual who illegally parks in a handicapped space.

"The warrant has to be served, and the person is then fingerprinted and could be put in jail until a bond hearing can be scheduled," he said. "The town would be holding someone in jail on a parking violation."

Because the offense is a high-court crime under state law, municipalities would have no jurisdiction in the matter, Avery said.

"The case has to go to a higher court (such as a superior court)," he said.

Under the new state law, when a person is issued a handicapped parking placard, a photo of the person must be displayed on the placard, which is placed on the rearview mirror of a vehicle.

The Central Town Council will hear the first reading of the proposed ordinance at its regularly scheduled council meeting late last month.

Checkup on Your Benefits

www.benefitscheckup.org

BenefitsCheckUp is pleased to announce that we will be releasing improvements to the usability of the screening questionnaires on Wednesday, August 18th, 2010! As a result, you will notice a shorter and more streamlined questionnaire.

In order to fully update the BenefitsCheckUp website and perform routine maintenance, most of the site features will be unavailable for several hours starting 9pm Eastern Time on Tuesday, August 17th. As always, BenefitsCheckUp will be available for use the morning of Wednesday, August 18th.

Mobile Mammography Service - Accessible

<http://mobileonsitemammography.com/index.php>

Our purpose is to provide mammography exams for early detection of breast cancer and to give peace of mind regarding a woman's current health status.

The problem is that 80% of the women that should have an annual mammography exam don't because they are unable to find a mammography facility that is conveniently located for easy use or it takes too much time to arrange appointments, travel and request time off work (approx. 2 hours), etc.

Our answer to that problem is that We Come To You!

MOM is Convenient

No hassles, the exam is completed in 15 minutes at work or a community location

MOM is Accessible

Easy to find and fast service

MOM is Comfortable

Our professional staff and latest technology focuses on the patients personal comfort safety and privacy.

Our fees, which include mammography exam and radiology reports, are lower than the average fee charge by fixed site mammography providers.

90% of our patients tell us they would not have completed their annual breast cancer screening if MOM had not been sponsored by their employer or other sponsors.

Remember, 15 minutes could save your life.

ALTCS Seeks Public Input

ALTCS is seeking community input on their program as they prepare to go out to solicit managed care organizations to provide ALTCS services. This is your change to make comments of what they should be considering. Go to <http://www.azahcccs.gov/commercial/Purchasing/purchasing.aspx> and click on comment form. **This is your chance to influence the criteria they use for selecting provider organizations.**

Sweet Inde

Empowering People with Disabilities to Find Employment in the Community

I would like to introduce you to a new nonprofit corporation in Arizona that provides job training for people with disabilities. Kristen Bean (Executive Director), Jolene De Tiege (Assistant Director), and Michael Cline (Marketing and Creative Director) have founded Sweet Inde and will begin providing services for people with disabilities in September 2010.

Participants of the Sweet Inde program will receive job experience while baking and/or selling baked goods at farmers markets. Sweet Inde Bakery will provide an opportunity for participants to work in the community. Participants will also receive professional development training, such as resume development, interview training, and support in finding employment in the community. Participants will be assigned a job coach, who will be trained on supporting individuals with professional development and networking to connect with community employers. We are recruiting participants and volunteers to become job coaches.

If you are interested in becoming a participant to receive job training or volunteering as a job coach and/or baker, please e-mail a cover letter and resume (if applicable) including your name, contact information, job experience and education to Kristen Bean at sweetindebakery@gmail.com. Each participant and volunteer will be required to receive a food worker's permit. Sweet Inde will reimburse you for the cost of the permit. For more information on Participant Requirements and Volunteer Requirements, please email Kristen at sweetindebakery@gmail.com.

Financial Planning for Special Needs

by Chris Carter, Senior Financial Advisor

It is estimated, one in ten families will face the challenges of a disability or special need. It is a fact that without proper financial and estate planning, a disabled family member with special needs could lose valuable government benefits and be subjected to unnecessary financial hardships.

One valuable tool to help preserve governmental benefits and assist in protecting assets is known as a Special Needs Trust or Supplemental Trust. A Special Needs Trusts can help a disabled beneficiary receive gifts, lawsuit settlements, or other funds and not lose eligibility for some types of government programs. In addition, they are often used to provide benefits for medical expenses, transportation, rehabilitation, maintenance, education, and insurance.

When considering the advantages of a Special Needs Trust, it is important to be aware when the documents are arranged properly; the assets in the trust do not belong to the beneficiary. In this way, the Trust can provide benefits to an individual with special needs and not subject them to disqualification from government programs. A Special Needs Trust may hold title to the property for the benefit of a child or adult with a special need.

A properly drafted Special Needs Trust will address paybacks to Medicaid and other similar sources. It is mandated by law that repayment language be included in all Special Needs Trusts, whether repayment is required or not. The law requires that payback be made to Medicaid, but only under specific circumstances.

Chris Carter has over 15 years of industry experience and is a Senior Financial Advisor at The Wealth Store Financial. Contact Chris today at 623-748-3920 or 480-600-6817 with all your financial questions.

Independent Living Resource Fair

Date: Friday, November 12, 2010

Location: Disability Empowerment Center, 5025 E Washington Street, Phoenix, AZ 85034, at the Nina Mason Pulliam Conference Center & Courtyard

Time: 10:00AM to 3:00PM

The Community Integration Unit-Independent Living Team will be hosting a Independent Living Resource Fair. The Resource Fair's primary goal is to provide information to assist Consumers, Caregivers, Families, and the Community with resources to enhance Independent Living. The fair will include multiple organizations who all share a common goal: To provide independence! Please RSVP your attendance to Leticia Hawkins at 602-443-0715.

For Sale

Accessible home, Baseline Corridor, Built '09, 1,655 sqft, 3BDR/2BA + 1 Office/Den - 2 car garage, granite countertops & upgraded kitchen cabinets. Ceiling fans thru out, Huge master bath, Roll-in shower/roll-under sink/ADA toilet/big garden tub, All tile except for 2 sm. bedrooms. No step entry - front door/garage/patio. All doors 36", lever knobs. Water softener/RO system. Asking \$168,000. Contact Andrew Moody at 602-573-2645 or amoodyz@yahoo.com. Photos available.

Also for sale from Andrew Moody, brand new in box, The Compact+ by Optelec is designed for individuals with an active lifestyle who require portable magnification on-the-go. The Compact+ digital magnifier easily fits into your purse, schoolbag, or briefcase. The Compact+ comes with 2 AA batteries with 3 hours of continuous use and provides 2X to 10X magnification on a 4.3" widescreen TFT color screen. Reading a menu or signing a check is now easier than ever with the Compact+. Features: 2X to 10X magnification on a 4.3" color TFT screen. Multiple Viewing Modes: Full Color Black and White Blue and Yellow Black and Yellow Reverse Mode. Freeze frame functionality, Camera positioned at center of screen for writing capabilities. Weighs only 10 ounces Three-hour rechargeable battery, Convenient carrying case. Retractable hand grip for optimal reading convenience.

Upcoming e-news information.....

If there is anything that you would like to share with your fellow members, please contact Vangie Mortenson. She will ensure that the information will be posted on the e-news.

THANK YOU!