



Arizona Spinal Cord
Injury Association

AZSCIA E-NEWS

August 2006

*"A monthly update
on the happenings
and upcoming
events in the
association."*

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Injury Association
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We're on the Web!
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SCI Retreat Reunion Dinner

The Arizona Spinal Cord Injury Association invites you to attend the Spinal Cord Injury Retreat Reunion Dinner.

Reconnect with your friends from the very first SCI Retreat, held at Whispering Hope Ranch in Payson. Share stories, pictures, and laughs over dinner.

A portion of the dinner proceeds will be donated to AZSCIA for continuing programs. See you there!

Time: Wednesday, August 9, 2006

Place: Apple Cafe, 15040 N Northsight Blvd #104 in Scottsdale

Phone: 480-348-2753

Please RSVP to the AZSCIA at 602-239-5929. We urge you to also bring your friends and family members with you.

Seventh Annual Spinal Cord Injury Educational Conference

There is only four weeks left until the educational conference is once again upon us. If you are interested in attending, please register on the web site or call the office. If you register by Monday, August 21st, the registration fee for Consumers, Family Members and Caregivers are free. Registration fee for Professionals are \$79.00. Registration fees at the door are: Consumers, Family Members and Caregivers - \$55.00; Professionals - \$134.00. If you have any questions, please call the office at 602-239-5929.

Governor's Council Web Site Evaluation

The Governor's Council on Spinal and Head Injuries is taking a look at the Council's web site evaluation to assess effectiveness of the information provided.

Your feedback on their web site would be very helpful in their assessment process. Please take a few moments to review their web site:

<http://www.azheadspine.org/index.asp>

And to complete our web site evaluation: <http://azheadspine.applause-meetings.com/index3.asp?CliName=azheadspine>

Your time and attention to this request for feedback is greatly appreciated!

Darol Kubacz Climbs Mount Kilimanjaro

The Freedom For Life founder Darol Kubacz lost the use of his lower body while serving on active duty for the U.S. Army. On August 7th, he is going to

climb Mount Kilimanjaro (the worlds tallest free-standing mountain at 19,300 feet) hoping to become the world's first paraplegic to reach the summit unassisted. No one will push him, no one will pull him and no one will carry him. He is trying to raise money to help him share this experience with the world. Please donate \$1.00 to the cause. If you are willing to support Darol and his team, please go to: <http://www.helpusclimb.com> to make a donation.

Visit the website, (<http://www.helpusclimb.com>) to watch the movie. Please download it and send it to all of your friends.

Darol is truly an inspirational human being and helping him share his journey with the world will prove that:

"Disabilities can't destroy dreams – can't stop a committed heart" – Darol Kubacz

You can also watch the movie at: <http://www.youtube.com> (<http://www.youtube.com/watch?v=cKoHYq3NEME>), www.heavy.com, www.kontraband.com, www.ifilm.com, www.boreme.com.

Members Needed for Speakers Bureau

Easter Seals Arizona is currently seeking people with disabilities who use either Dial-a-Ride or the bus as their primary means of transportation as speakers for our Disability Awareness Resource Training Program (DART). Applicants need to be articulate and comfortable speaking in front of groups comprised of ten to seventy-five people, be able to attend sessions on the weekend and have the stamina to participate in sessions that may last between two to six hours. Those with hidden disabilities and those who live in the east valley are encouraged to respond. Compensation averages \$40 per each session. To learn more or to request an application, please contact Donna Powers at 480-222-4134 or dpowers@azseals.org.

Kris Ann Piazza

Please visit Kris Ann's web site at www.krisannpiazza.com. Kris Ann shares her personal journey with growing up with a spinal cord injury. "Stepping Out Of The Box" is what she truly believes and applies to her daily living. Her web site also has many useful information and resources.

Spinal Cord Injury Lecture and AutoAmbulator Demonstrations

Physicians, nurses, therapists, case managers, spinal cord injury survivors and their family members are welcome to join us for a **FREE** educational lecture on spinal cord injury. We will address the different types of spinal cord injuries and how each are rehabilitated. One of the modalities of treatment our therapists use is the AutoAmbulator.

The AutoAmbulator is a machine designed to help people with balance, coordination and postural disorders to regain or improve upon walking skills. It uses a harness system; a treadmill and robotic legs to provide a safe environment in which individuals may "re-learn" correct walking patterns. The AutoAmbulator is a type of body weight supported treadmill training, which is a recent topic within spinal cord injury research.

Date: Monday, September 18, 2006

Location: HEALTHSOUTH, Rehabilitation Institute of Tucson, 2650 N. Wyatt Dr., Tucson, AZ 85712

Lecture: 12:00PM (lunch will be provided)

AutoAmbulator Demonstrations: 1:00PM – 3:00PM

RSVP: 520-320-6258

(HealthSouth RIT is located on the Tucson Medical Center campus, near Grant and Craycroft)

Sun Artisans' Odor Neutralizer

Sun Artisans Odor Neutralizer comes in either a ready-to-use spray pump or a concentrate. The Odor Neutralizer safely eliminates odors at the source. We are selling the 16-ounce Spray Pump for \$11.99; the 4-ounce Concentrate for \$10.99.

To order these products, please contact the office at 602-239-5929.

Upcoming e-news information.....

If there is anything that you would like to share with your fellow members, please contact Vangie Mortenson. She will ensure that the information will be posted on the e-news.

THANK YOU!