



Arizona Spinal Cord
Injury Association

AZSCIA E-NEWS

March 2, 2006

*"A monthly update
on the happenings
and upcoming
events in the
association."*

Arizona Spinal Cord
Injury Association
901 E Willetta St #2306
Phoenix, AZ 85006
Phone: 602-239-5929
Fax: 602-239-6268
E-mail:
info@azspinal.org

We're on the Web!
www.azspinal.org

First Annual Spinal Cord Injury Retreat

Please join us for three nights and two days of fun-filled activities! We will be having our retreat on May 18-21, 2006 at Whispering Hope Ranch near Payson.

The cost is \$75.00 per person and fee includes accessible rooms and showers, meals, entertainment, recreation and transportation!

The Governor's Council on Spinal and Head Injuries has agreed to sponsor 26 registrants. The Social and Recreation Committee will create a selection process for the scholarships.

You may also register online at www.azspinal.org, click on the Calendar section and scroll to the month of May. Click on the event name and that will walk you through registration. For more information please call our office at 602-239-5929.

2006 Traumatic Brain Injury Rights and Resources Conference

Please join TBI Rights and Resources: Navigating the TBI Service System: A Compass for You and Your Family will offer participants the opportunity to learn about community, legal and educational services and resources for individuals with a traumatic brain injury (TBI). Experts will lead discussions on TBI and services for individuals with TBI including advocacy, education, guardianships, assisted living and day care programs, assistive technology, educational planning with your school district, Individual Education Plans, information and referral systems, vocational rehabilitation, Medicare - Part D, support groups and TBI Service Coordinators and Specialists. The goal of the conference is to create an enjoyable environment where we can all learn from each other.

April 19 & 20, 2006
Black Canyon Conference Center
9440 N 25th Ave
Phoenix, AZ 85021
April 19th – 8:00AM to 4:15PM, April 20th – 8:00Am – 3:45PM

For more information, please visit www.azheadspine.org, or call 623-322-6092 or 602-863-0484.

New AzSCIA Web site

If you have not yet done so, please visit the newly designed web site at www.azspinal.org.

Movement for Living Seminar

Sponsored by Medtronic, Inc. in partnership with HEALTHSOUTH Scottsdale Rehabilitation Hospital. Let's get moving! Please join in!

If you or someone you care for has tight, stiff muscles related to a **spinal cord injury**, you know that this condition (called severe spasticity) can make movement difficult or uncontrollable. It can make doing even the smallest things exhausting or impossible. Did you know that there is a therapy available that may help provide better movement and control?

Come learn about it at a seminar where a doctor will talk about severe spasticity and explain how the therapy works. You'll also hear from a *Movement for Living* Ambassador who will share personal experiences with this therapy. Best of all, you'll be able to ask questions and meet others exploring their options for reaching their full potential. Don't miss this important event!

Friday, March 31, 2006

Registration: 12:30 - 1:00 pm

Seminar: 1:00 - 3:00 pm

Stanley Fisher, M.D.

Medical Director, Neuro Rehabilitation at HealthSouth Houston

Embassy Suites Hotel

1515 N 44th Street

Phoenix, AZ 85008

Saturday, April 8, 2006

Registration: 8:30 - 9:00 am

Seminar: 9:00 - 11:00 am

Anthony D. Mosely, M.D., M.S. Neurology – Movement Disorders

Specialist, Scottsdale Neurological Consultants

Medtronic Microelectronics

Center

2343 W Medtronic Way (10th Place)

Tempe, AZ 85281

To register, visit www.MovementforLiving.com or call toll free 1-888-743-8348. There is no cost to attend this seminar. Family and friends are welcome.

Nina Mason Pulliam Legacy Scholars Program Application

We just received five scholarship applications from the Nina Scholars Program at Arizona State University. Scholarships are available for college-age youth and adults with physical disabilities. If you know of anyone who would be interested in applying for a scholarship, please call the office and ask for Vangie.

Here are the guidelines to becoming an ASU student and a Nina Scholar

- Apply at ASU at www.asu.edu/apply
- Send for official transcripts from previous institutions. Official transcripts must be mailed to ASU directly but an unofficial copy should be submitted with the Nina Scholar application.

- Apply to the ASU general scholarship site at www.asu.edu/fa/scholarships between November and February.
- Complete the Nina Mason Pulliam Legacy Scholars Program application and return to ASU by the April 1, 2006 deadline.
- Apply for financial aid (fall/spring/summer 2006/2007) as early as possible for possible additional funding. The best method for completing the application is online at www.fafsa.ed.gov if you would like help call the ASU Nina Scholars coordinator. After filing the FAFSA a SAR (student aid report) will be mailed to you asking for further information or providing award information.
- ASU offers assistance with the following services: legal services (although they cannot represent you), Adult Re-Entry, Disability Resource Services, Intergroup Relations Center, Multi-Cultural Center, Child and Family Services, tutoring, Counseling and Consultation, and Career Exploration.
- Make an appointment with an academic advisor.

Please contact Cory Gonzales, Nina Scholars Coordinator, Center for Urban Inquiry at 480-727-6561.

10th Annual Day at the Lake

The Barrow Rehab Recreation Therapy Department would like to invite you to attend this special outing on June 2-3, 2006 at Bartlett Lake Marina. The cost to attend is \$20.00. For more information, please call 602-406-3606.

Upcoming e-news information.....

If there is anything that you would like to share with your fellow members, please contact Vangie Mortenson. She will ensure that the information will be posted on the e-news.

THANK YOU!