



# Treatment Options for Opioid Use Disorder



# Arizona Strategies

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- Naloxone
- Prescribing Practices and Policies
- Chronic Pain Management
- Patient Education
- Community-Based Prevention
- Law Enforcement and CJ collaboration
- Access to Medication Assisted Treatment (MAT)
- Access to Recovery Supports

# MAT

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- Methadone
- Buprenorphine
- Naltrexone

AND

- Psychosocial Services

# Why MAT?

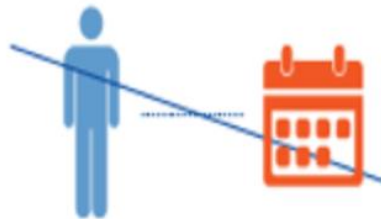
- Most clinically sound and cost-effective way to treat opioid addiction based on ***extensive*** clinical research (NIDA, ASAM and the U.S. Surgeon General).
  - Improves treatment retention
  - Decreases opioid use
  - Reduces risk of mortality
- Success rates compared to other modalities?

# Myths of MAT



## **MAT JUST TRADES ONE ADDICTION FOR ANOTHER:**

MAT bridges the biological and behavioral components of addiction. Research indicates that a combination of medication and behavioral therapies can successfully treat SUDs and help sustain recovery. (10)



## **MAT IS ONLY FOR THE SHORT TERM:**

Research shows that patients on MAT for at least 1-2 years have the greatest rates of long-term success. There is currently no evidence to support benefits from stopping MAT. (11)



## **MY PATIENT'S CONDITION IS NOT SEVERE ENOUGH TO REQUIRE MAT:**

MAT utilizes a multitude of different medication options (agonists, partial agonists and antagonists) that can be tailored to fit the unique needs of the patient (2).

# Stigma and Access to Healthcare

And, yes, words matter. They may reflect reality, but they also have the power to change reality – the power to uplift and to abase.

William Raspberry

- Improved understanding that Opioid Use Disorder is a complex interplay of biology and environment will decrease stigma and increase access to healthcare

# Opioid State Targeted Response

- MAT education and outreach
- Increase peer support services
- MAT COEs for 24/7 access to care; med units
- Hospital and ED discharge projects
- Diversion and incarceration alternatives
- Early ID and connection for re-entry population
- Expand prevention and recovery services

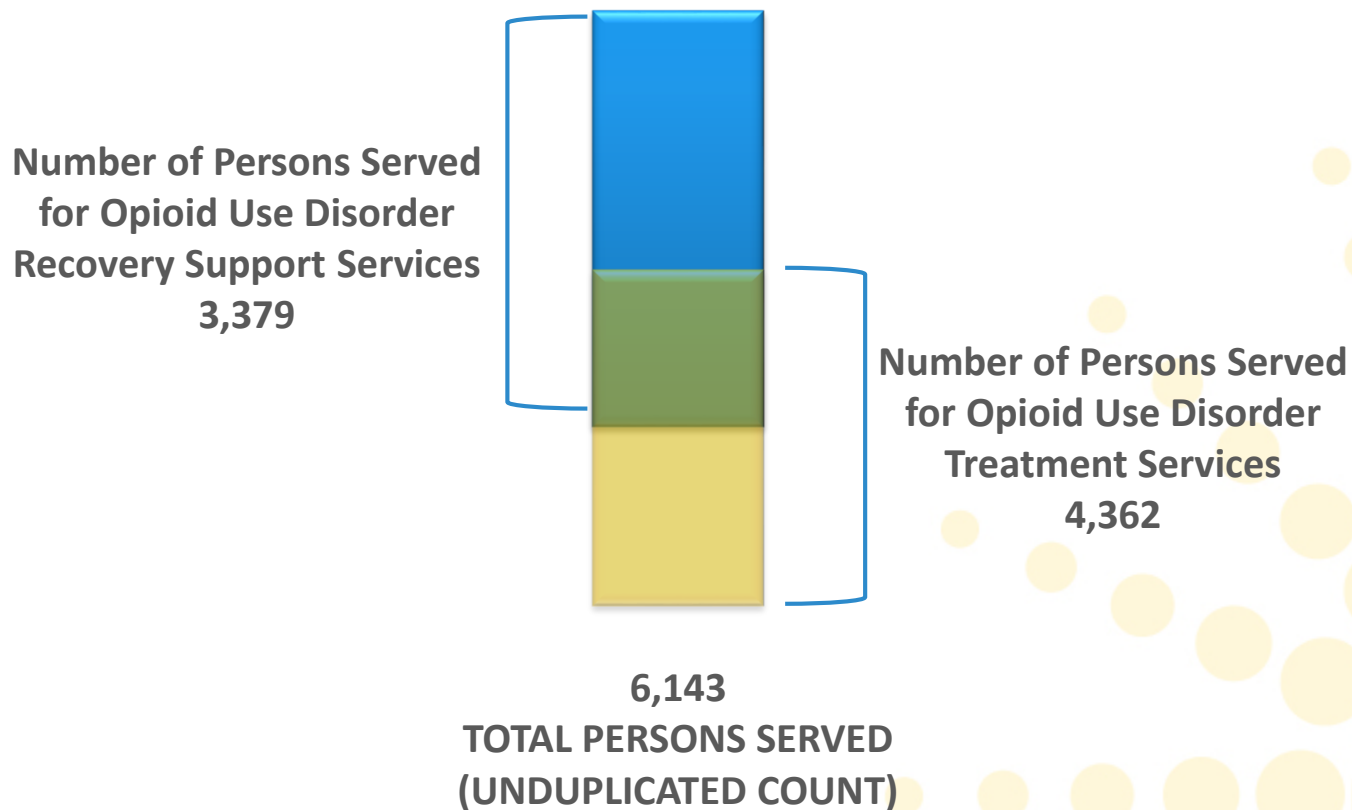
# • Opioid STR Expanded •

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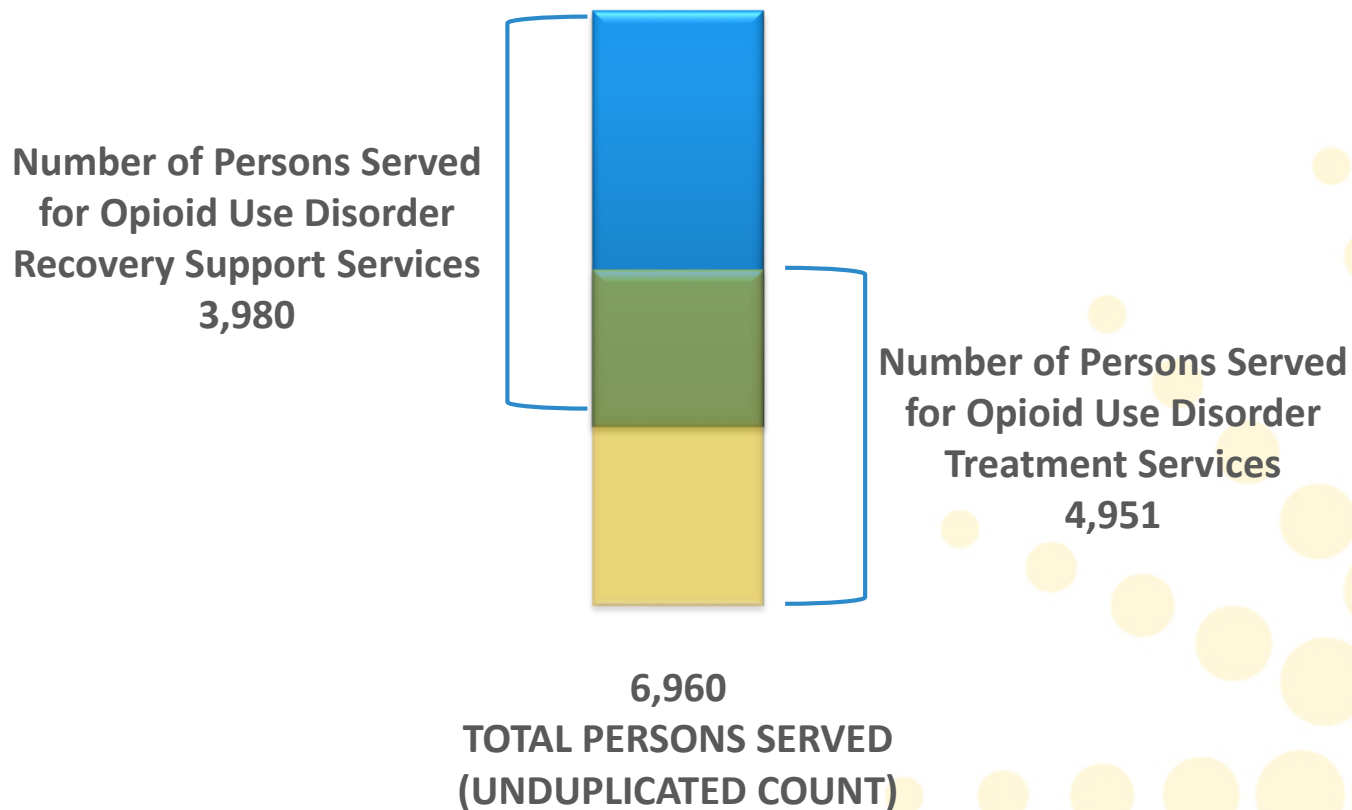
- Additional prescriber education
- Public awareness campaign
- Support for the OAR line
- Additional MAT access points
- PPW projects
- Street-based outreach
- Community TIP development



# Total Number of Persons Served (Unduplicated Count), Arizona Opioid State Targeted Response (STR) Grant Year One, May 1, 2017 – April 30, 2018



# Total Number of Persons Served (Unduplicated Count), Arizona Opioid State Targeted Response (STR) Grant Year Two, May 1, 2018 – September 30, 2018



# State Opioid Response

1. Sustaining and Enhancing Naloxone Distribution
2. Increasing Localized Community Opioid Prevention Efforts
3. Expanding Trauma-Informed Care Prevention, Treatment and Recovery Efforts
4. Expanding Navigation and Access to MAT
5. Expanding access to recovery support services (i.e. housing, peer supports, job assistance and supportive recovery programming) and
6. Increasing public access to real-time prevention, treatment and recovery resources to create a real “no-wrong door” approach
7. Major focus on PPW population
8. Expanding prescriber training and public awareness campaigns

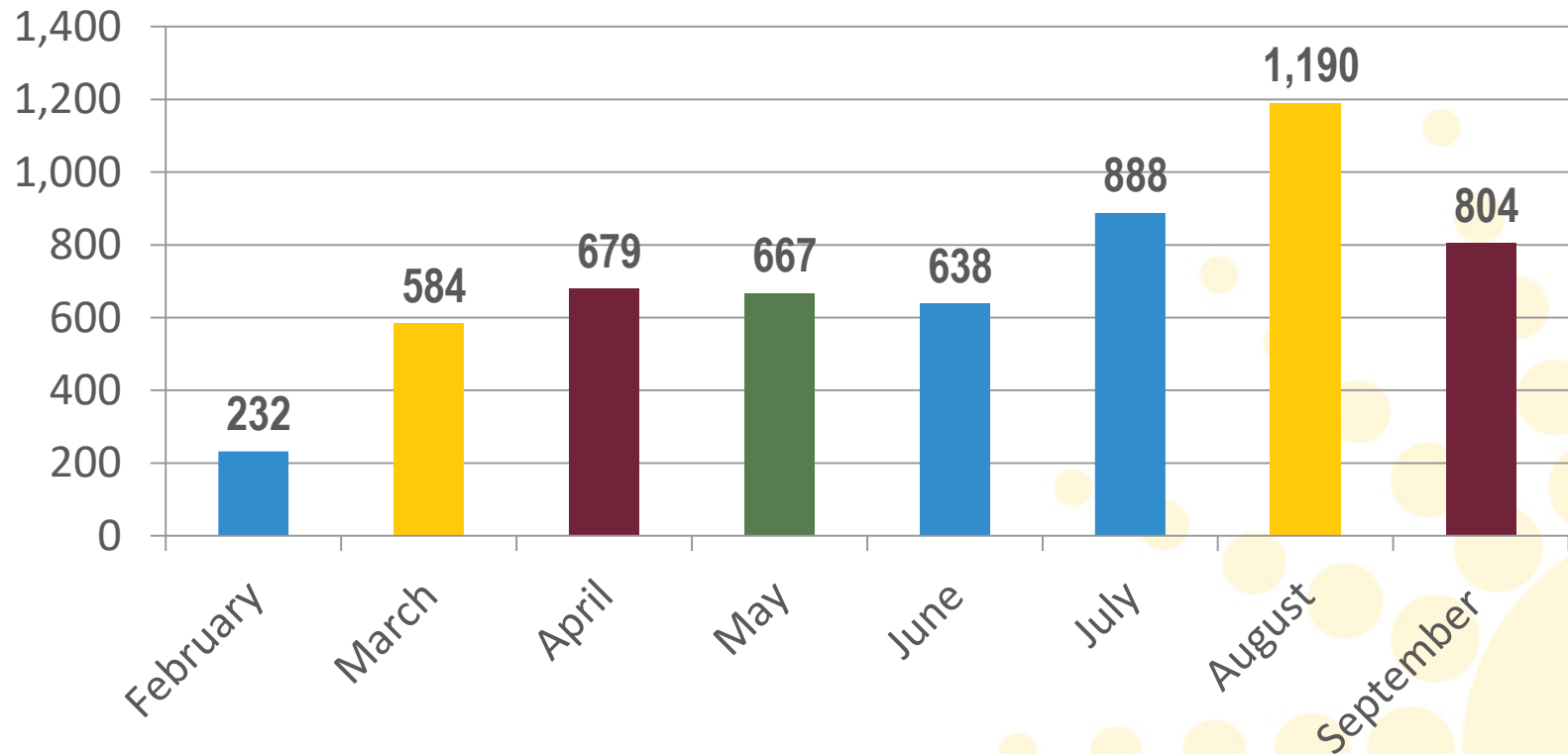
# Arizona Opioid Epidemic Act: \$10M Substance Use Disorder Services Fund

## Funds are to be used for direct services

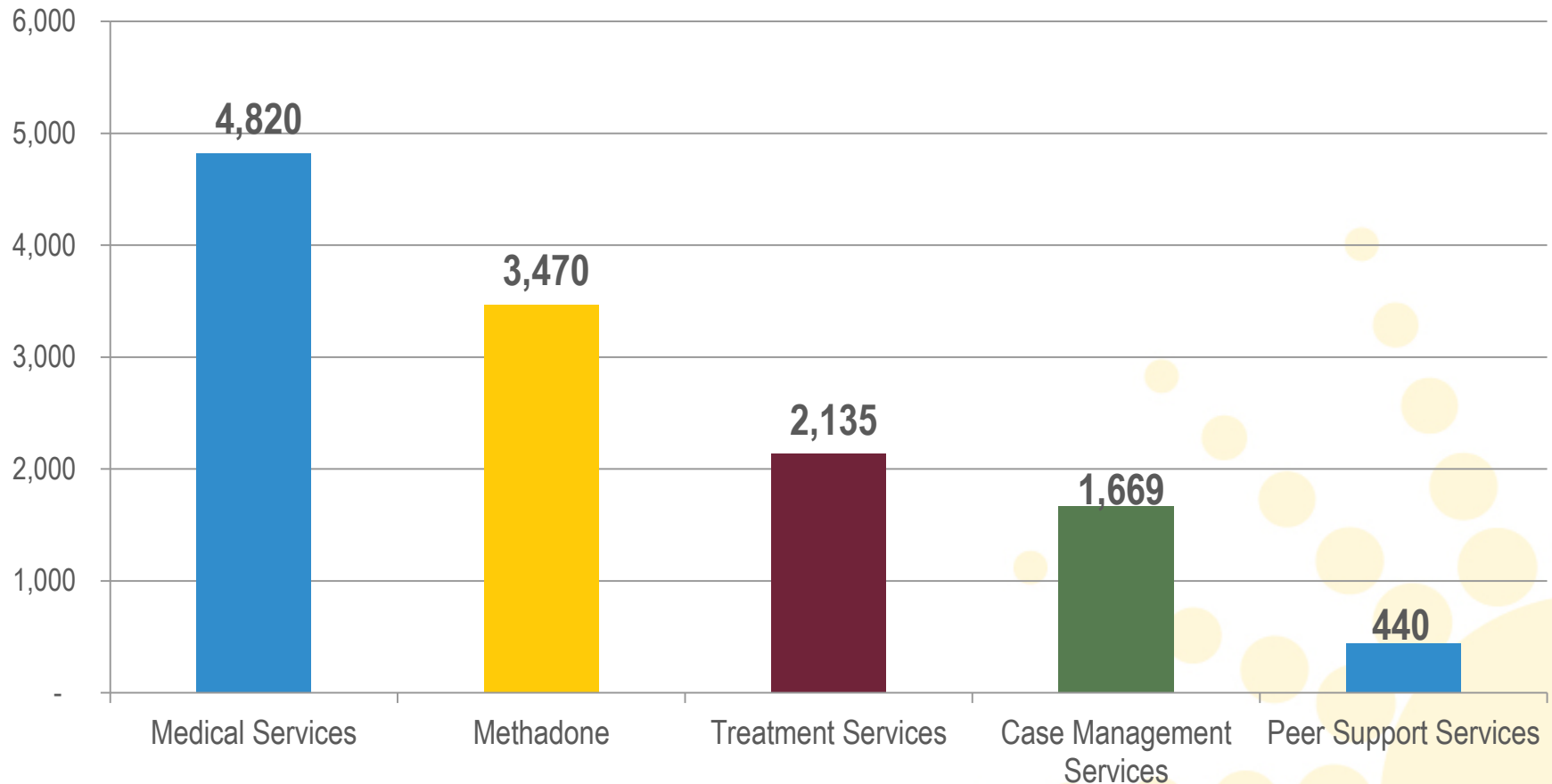
1. Increase outreach and identification of under and uninsured individuals with OUD
2. Increase navigation to OUD treatment
3. Increase utilization of OUD treatment services

# Number of Individuals Served, Governor's Substance Use Disorder Services (GO SUDS) Fund, February 1, 2018 – September 30, 2018

5,713  
TOTAL PERSONS SERVED



# Top 5 Services, GO SUDS Fund, February 1, 2018 – September 30, 2018





# Treatment Options



# Six 24/7 Centers of Excellence

- Southwest Behavioral Health Services, Kingman Recovery and Observation Unit 1301 W. Beale Street, Kingman, AZ 86401, 928-263-6515
- West Yavapai Guidance Clinic, Crisis Stabilization Unit 8655 E. Eastridge Drive, Prescott Valley, AZ 86314, 928-445-5211
- Community Medical Services 2301 W. Northern Avenue, Phoenix, AZ 85021, 602-866-9378
- Community Bridges, East Valley Addiction Recovery Center 560 S. Bellview, Mesa, AZ 85204, 480-461-1711
- CODAC Health, Recovery and Wellness 380 E. Ft. Lowell Road, Tucson, AZ 85705, 520-202-1786
- Intensive Treatment Services Coming Soon! 75<sup>th</sup> Ave & Indian School



# Additional Access Points

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- OTPs and Medication Units (44)
- OBOTs (260)
- Residential Treatment Centers (78)
- Detoxification Units
- IOP and OP
- Peer and Family Supports

# Treatment Locators

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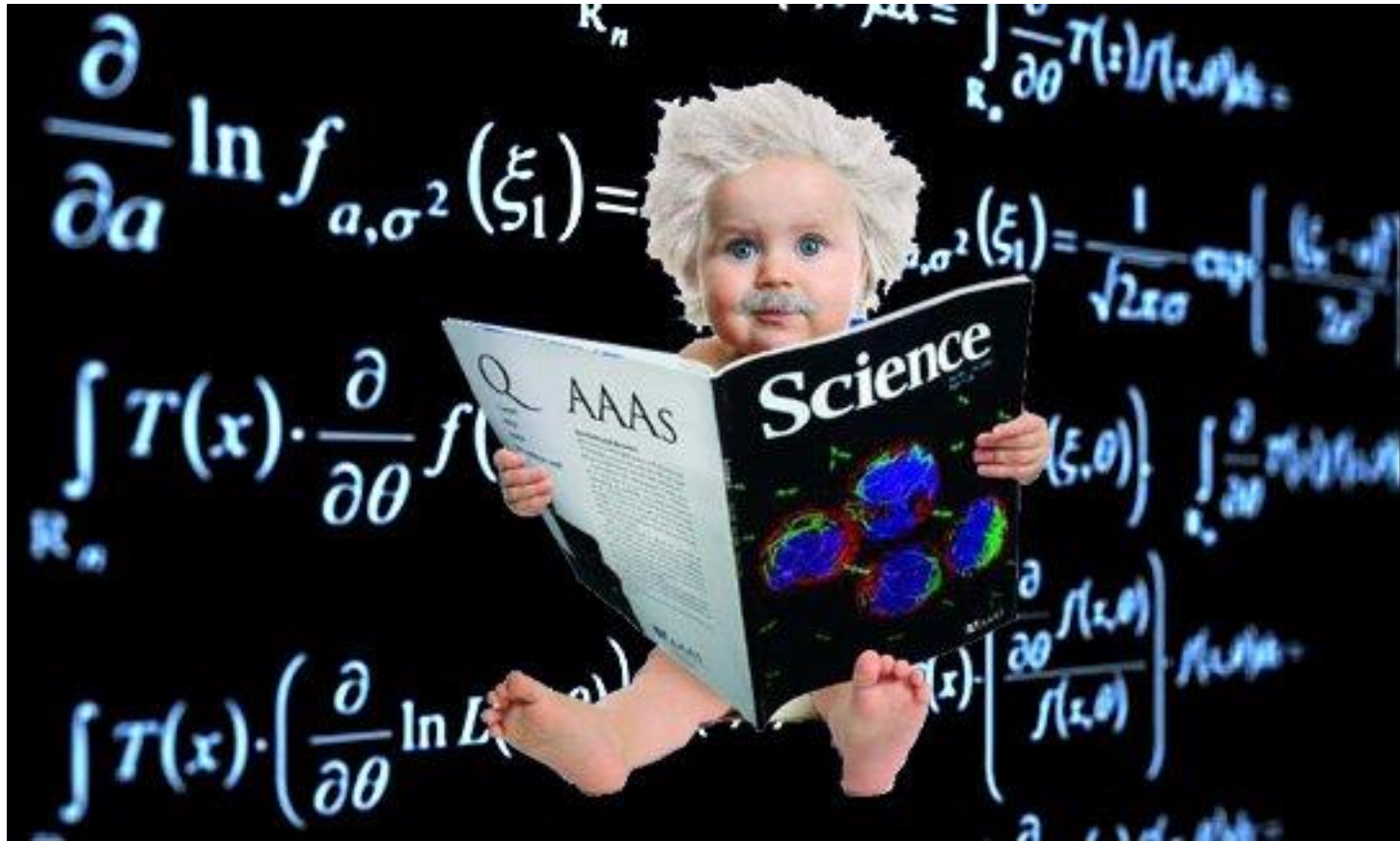
- <http://substanceabuse.az.gov/>
- OAR Line: 1-888-688-4222
- Crisis Lines
  - Maricopa County: 1-800-631-1314
  - Northern Arizona: 877-756-4090
  - Southern Arizona: 866-495-6735



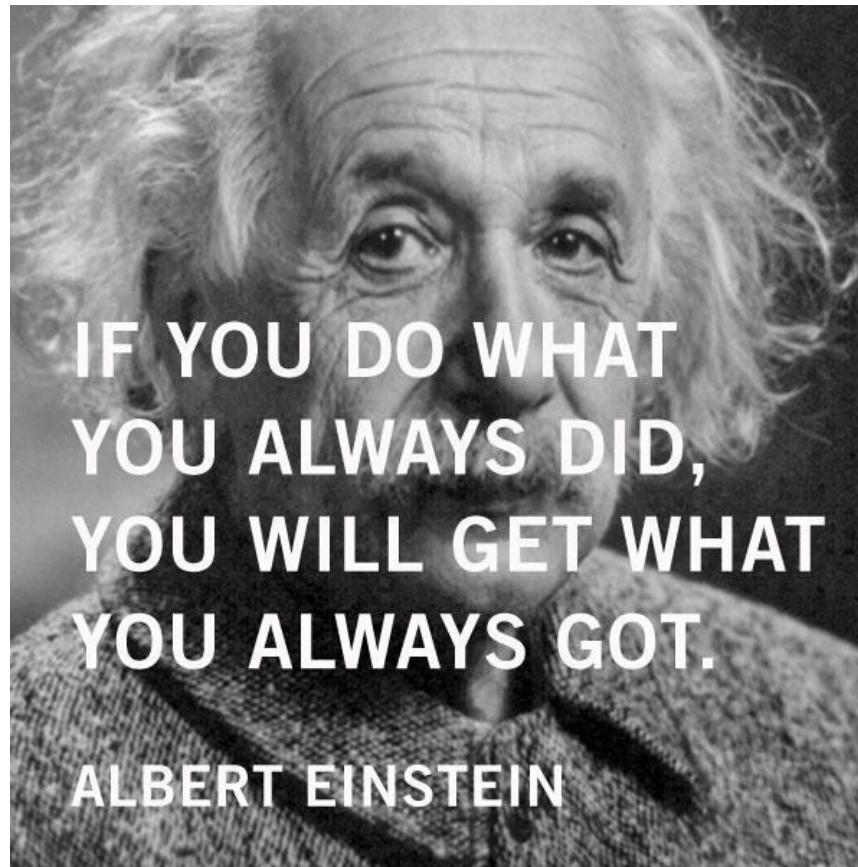
# So, Now What?



# Use What Works!



# Try Something New!

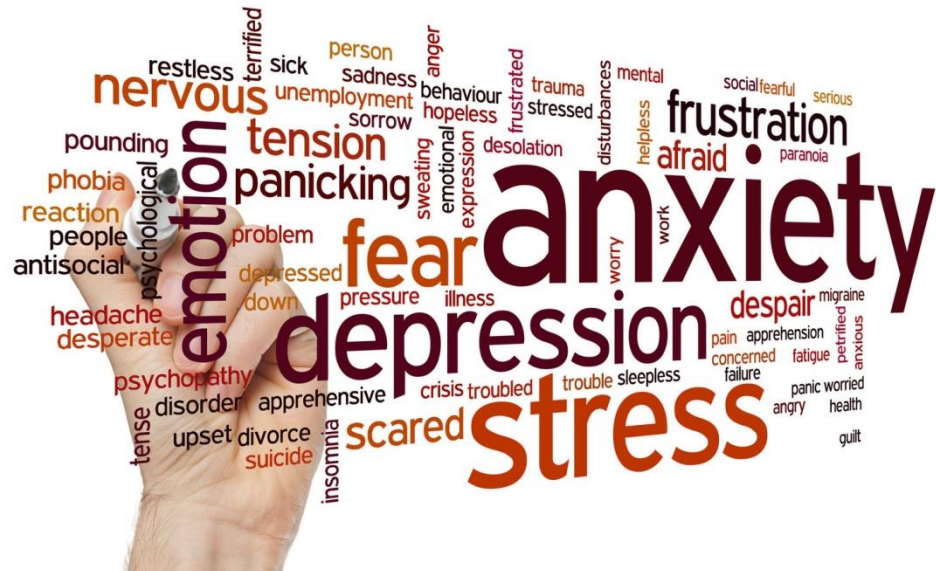
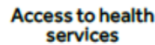
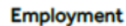
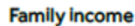
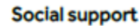
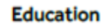
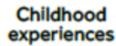


**TALK  
EARLY.  
TALK  
OFTEN.**



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The social determinants of health are the conditions in which we are born, we grow and age, and in which we live and work. The factors below impact on our health and wellbeing.



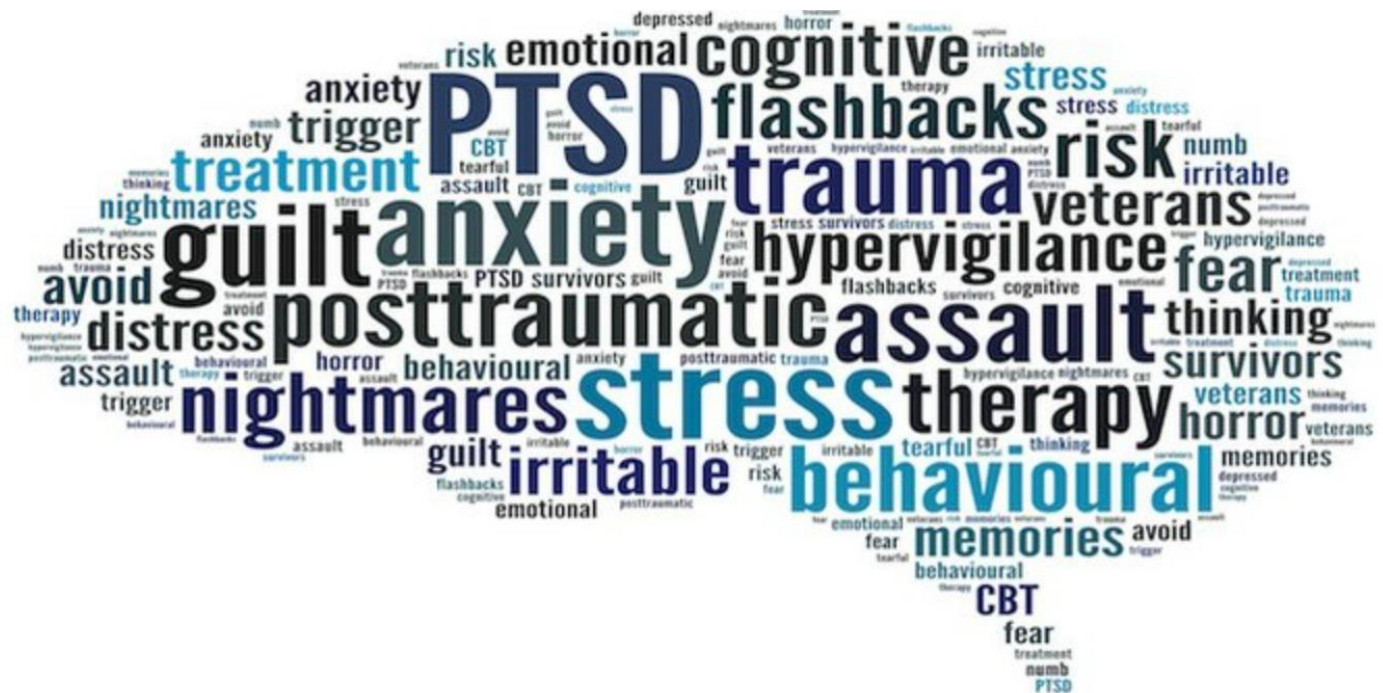
# THE TRUTH ABOUT ACES



# RESILIENCE

# THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

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# Understand and Educate: Naloxone



**I SAVED  
MY SON'S  
LIFE**

“My boy is still alive... I'm glad we had talked about overdose before, and that I had gone to the drug service for training and knew about naloxone. Seeing him lying there, dying, was so frightening. But the training I'd had meant I knew what to do. Without naloxone, he may have died.”

**SAVE  
SOME  
NALOXONE**

**NALOXONE CAN TEMPORARILY REVERSE  
THE EFFECTS OF OPIOID OVERDOSE**

For more information on being supplied with and trained to use naloxone, ask at your local drug service or needle exchange.

**Contact Haley Coles**  
[hcoles@spwaz.org](mailto:hcoles@spwaz.org)

# Understand and Educate: MAT



**MEDICATION-ASSISTED TREATMENT (MAT)  
WORKS GREAT FOR ME**



**MAT can and does:**

- Restore MY Dreams and Ability to Achieve Them
- Improve MY Health
- Increase MY Opportunities for Success
- Strengthen MY Future
- Enhance MY Relationships With Family, Friends, and Community

*MAT is effective. Therapies including methadone and buprenorphine empower people to reclaim their lives and rejoin their families, their jobs, and their communities.*

**MEDICATION-ASSISTED TREATMENT IS RECOVERY**

[www.dpt.samhsa.gov/patient/](http://www.dpt.samhsa.gov/patient/)

When a doctor prescribes medication, it is your responsibility to use it as directed. Safeguard all medications from diversion (stealing) or misuse.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Substance Abuse Treatment  
www.samhsa.gov

5010a-05-0204



## **CLINICAL GUIDANCE FOR TREATING PREGNANT AND PARENTING WOMEN WITH OPIOID USE DISORDER AND THEIR INFANTS**





# Stop Diversion



<http://azdhs.gov/gis/rx-drop-off-locations>

↳ You would do anything for your friends...



but when it comes to medicine,  
sharing isn't caring!  
*Your meds are just for you.*



report

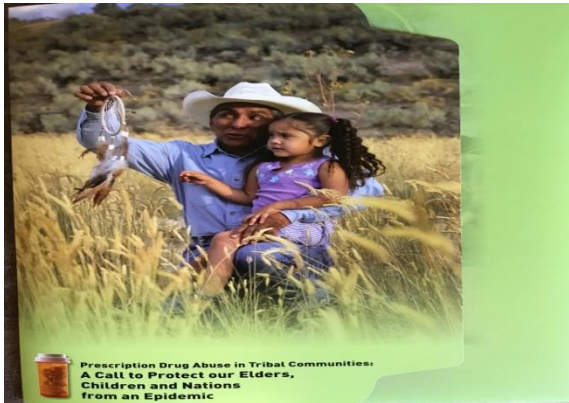
FRAUD, WASTE, or ABUSE

Reporting is easy, safe, and secure.



# Educate.Educate.Educate!!!

<http://rethinkRX.org>

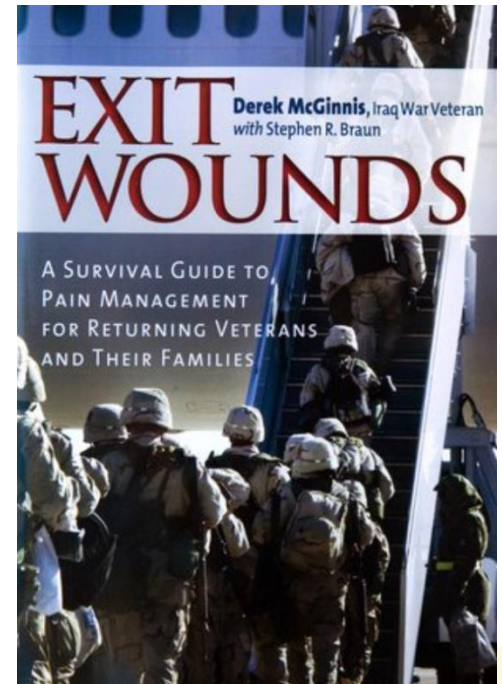


Great Lakes (and Region II)  
ATTC Addiction Technology Transfer Center Network  
Funded by National Institute on Drug Abuse

TASC  
Treatment Alternatives for the Courts



[Click here for Pain Management video](#)



2016

Medication-Assisted Treatment  
for Opioid Addiction in a Criminal  
Justice Context:  
An Implementation Brief for Community  
Supervision



## Parent talk kit

Tips for Talking and What to Say to Prevent Drug  
and Alcohol Abuse





WHAT YOU SEE

pissed  
 INTIMIDATING  
 sad  
 threat  
 PISSED  
 2nd  
 upset  
 pissed  
 sad  
 worried  
 biting  
 angry  
 feeling  
 nothing  
 cold  
 PISSED  
 angry  
 angry

WHAT I FEEL

nothing  
 tired  
 anti-social  
 judged  
 alone  
 empty  
 bored  
 angry  
 tired  
 scared  
 nothing  
 cold  
 empty  
 judged



# Thank You

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